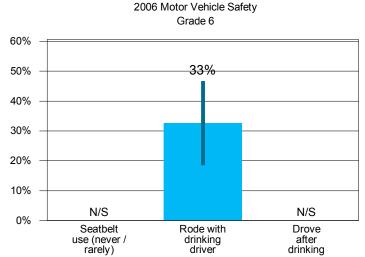
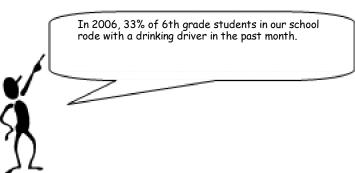
# Unintentional Injury for Spruce Primary (Edmonds School District)

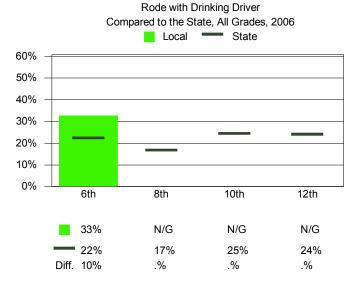
Year: 2006 Grade: 6 Gender: Both Ethnicity:

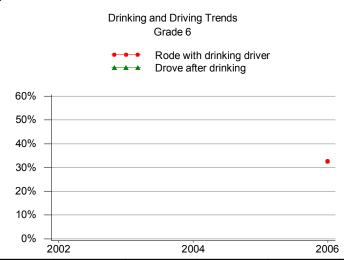
#### **Highlights**

- Unintentional injury is the leading cause of death among youth.
- Unintentional injuries are caused by behaviors such as not wearing a seatbelt, riding a bike or motorcycle without a helmet, drinking and driving, riding with a drunk driver and not wearing a life jacket.
- Motor vehicle crashes are the most common type of injury death among youth.









Prevalence **	2002	2004	2006	2008	2010
Rode with drinking driver	N/P	N/P	33% ± 14% (46)	14% ± 9% (66) *	N/P
Drove after drinking	N/P	N/P	N/S	N/S	N/P

From 2004 to 2006, change in riding with a drinking driver could not be assessed.



Most unintentional injuries are not accidents because they can be prevented. Alcohol and other substances impair one's judgment and may contribute to the likelihood of many injuries and even death. For more information and resources, visit the Washington State Injury and Violence Prevention Website at: http://www.doh.wa.gov/hsga/emstrauma/injury/

<sup>\*</sup> indicates a significant change (Wald X<sup>2</sup>, p<.05)

<sup>\*\*</sup> Prevalence is displayed as the estimated percentage ± 95% confidence interval, with the number of respondents to this question in parentheses.

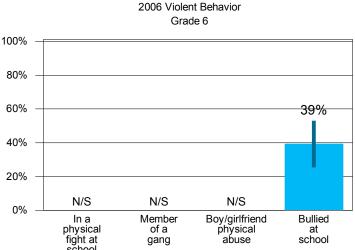
Missing Codes: S = result suppressed due to insufficient reporting from students or schools; N/P = location did not participate in the survey this year; N/G = grade not available; N/S = question was not surveyed this year; N/A = question was not asked of this grade; NB/G = this gender was not at this location Report generated at www.AskHYS.net

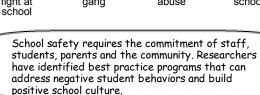
# Violent Behaviors for Spruce Primary (Edmonds School District)

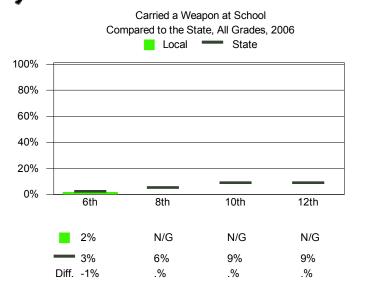
Year: 2006 Grade: 6 Gender: Both Ethnicity:

#### **Highlights**

- The federal Gun Free Schools Act requires the expulsion of students who bring firearms to school (SED. 4141) and Washington Law requires
  a one year expulsion for possession of firearms or dangerous weapons on school campuses. (RCW 28A.600.420 / RCW 9.41.280)
- Schools in Washington are required to have a comprehensive school safety plan that includes prevention, intervention, all-hazards/crisis response and post crisis recovery. (RCW 28A.320.125)







# Violence and Academic Failure Trends Grade 6 In a physical fight at school Academic failure Carried a weapon at school 100% 80% 40% 20% 2002 2004 2006

Prevalence **	2002	2004	2006	2008	201
In a physical fight at school	N/P	N/P	N/S	N/S	N/F
Academic failure	N/P	N/P	53% ± 14% (53)	38% ± 12% (65)	N/F
Carried a weapon at school	N/P	N/P	2% ± 3% (52)	4% ± 5% (67)	N/F

Schools must have in place effective referral systems that encourage students to report threats if they hope to prevent violent incidents.



Supportive learning environments are essential for student academic achievement. Students need safe, nurturing, healthy, and civil schools in order to be successful.

For More Information about school safety, visit the OSPI-sponsored Safety Center Website at: http://www.K12.wa.us/safetycenter/

 $<sup>^{\</sup>star}$  indicates a significant change (Wald  $X^2,\,p{<}.05)$ 

<sup>\*\*</sup> Prevalence is displayed as the estimated percentage ± 95% confidence interval, with the number of respondents to this question in parentheses.

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Harassment, Intimidation, and Bullying for Spruce Primary (Edmonds School District)

Year: 2006 Grade: 6 Gender: Both Ethnicity:

#### **Highlights**

 Washington State Law (RCW 28A.300.285) requires all school districts to adopt a policy that prohibits harassment, intimidation, and bullying (HIB).

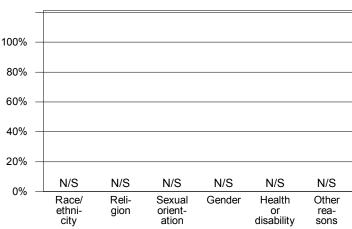
100%

80% 60%

2002

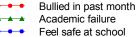
 The legislation also requires the Office of Superintendent of Public Instruction (OSPI) to publish a model policy at the following website: http://www.k12.wa.us/Safetycenter/LawEnforcement/Student Discipline.aspx

2006 Basis for Harassment at School Grade 6



Bullying is defined as a student, or group of students, saying or doing nasty or unpleasant things to another student. It is also bullying when a student is teased repeatedly in a way he or she doesn't like.

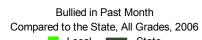
#### Bullying and Academic Failure Trends Grade 6

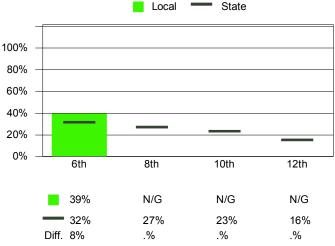




2006

Prevalence **	2002	2004	2006	2008	20
Bullied in past month	N/P	N/P	39% ± 14% (51)	36% ± 12% (66)	Z
Academic failure	N/P	N/P	53% ± 14% (53)	38% ± 12% (65)	Ν
Feel safe at school	N/P	N/P	85% ± 10% (55)	85% ± 9% (66)	N





Researchers have identified best practice support programs that, when implemented with fidelity in schools and classrooms, can address school harassment & bullying and build positive school cultures.



Supportive learning environments are essential for student academic achievement. Students need safe, nurturing, healthy, and civil schools in order to be successful.

For More Information visit the OSPI-sponsored Safety Center Website at: http://www.K12.wa.us/safetycenter/

<sup>\*</sup> indicates a significant change (Wald X<sup>2</sup>, p<.05)

<sup>\*\*</sup> Prevalence is displayed as the estimated percentage ± 95% confidence interval, with the number of respondents to this question in parentheses.

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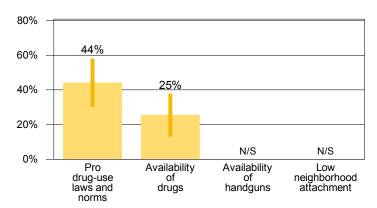
# Community Risk Factors for Spruce Primary (Edmonds School District)

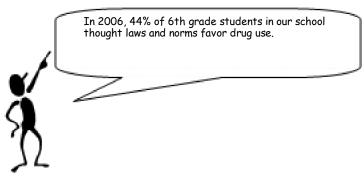
Year: 2006 Grade: 6 Gender: Both Ethnicity:

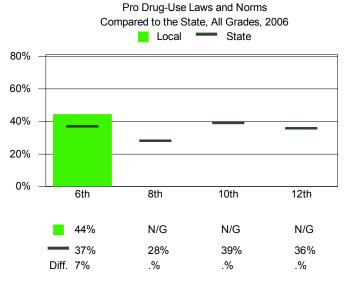
#### Noteworthy

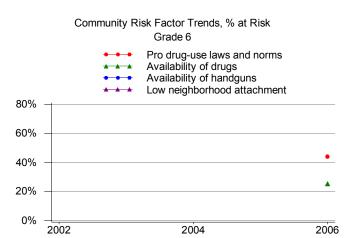
- Research shows that the risk factors measured by the Healthy Youth Survey are linked to adolescent substance use, delinquency, violence, school dropout, and other risky health behaviors.
- The more risk factors a youth is exposed to, the more likely it is that she or he will engage in problem behaviors.

#### 2006 Community Risk Factor Scales, % at Risk Grade 6









Prevalence **	2002	2004	2006	2008	201
Pro drug-use laws and norms	N/P	N/P	44% ± 14% (52)	38% ± 12% (65)	N/I
Availability of drugs	N/P	N/P	25% ± 12% (51)	31% ± 12% (65)	N/I
Availability of handguns	N/P	N/P	N/S	N/S	N/I
Low neighborhood attachment	N/P	N/P	N/S	N/S	N/I

From 2004 to 2006, change in the perceived availability of drugs could not be assessed.

#### For More Information

Parents, schools, kids, and communities can work together to keep youth safe. To see how State and local partners are addressing these issues, see listings on the AskHYS homepage. For free guides on preventing alcohol and other drug use, call Washington State Alcohol/Drug Information Clearinghouse: 1-800-662-9111.

For non-State resources, parents can go to www.drugfree.org. Prevention professionals should see http://captus.samhsa.gov/western.

 $<sup>^{\</sup>star}$  indicates a significant change (Wald  $X^2,\,p{<}.05)$ 

<sup>\*\*</sup> Prevalence is displayed as the estimated percentage ± 95% confidence interval, with the number of respondents to this question in parentheses.

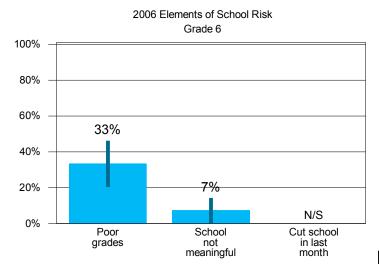
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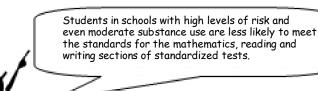
# School Risk Factors for Spruce Primary (Edmonds School District)

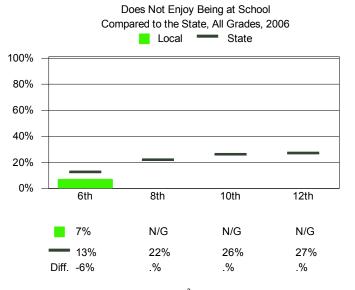
Year: 2006 Grade: 6 Gender: Both Ethnicity:

#### **Highlights**

- Research has identified a unique set of risk factors that put youth at risk for problems, such as substance use and school drop out.
- Youth who get poor grades, have friends who smoke, experience family conflict, and live in neighborhoods that are disorganized are at greater risk for negative youth behaviors.







	Risk Factors	and Alcohol Use Trends Grade 6	
	***	Current alcohol use Academic failure Low commitment to school	
100%			
80% —			
60%			•
40%			
20%			
0%		2004	2006

Prevalence **	2002	2004	2006	2008	20:
Current alcohol use	N/P	N/P	4% ± 5% (53)	4% ± 5% (67)	N/
Academic failure	N/P	N/P	53% ± 14% (53)	38% ± 12% (65)	N/
Low commitment to school	N/P	N/P	52% ± 14% (54)	34% ± 12% (67)	N/

Students experiencing academic failure and lack of commitment to school are at higher risk for substance abuse, delinquency, violence, pregnancy and school drop out.



Supportive learning environments are essential for student academic achievement. Students need safe, nurturing, healthy, and civil schools in order to be successful. Researchers have identified best practice support programs that, when implemented with fidelity in schools and classrooms, can decrease risk factors and build positive school cultures.

For More Information about school risk factors, visit the website http://captus.samhsa.gov/western

 $<sup>^{\</sup>star}$  indicates a significant change (Wald  $X^2,\,p{<}.05)$ 

<sup>\*\*</sup> Prevalence is displayed as the estimated percentage ± 95% confidence interval, with the number of respondents to this question in parentheses.

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# School Protective Factors for Spruce Primary (Edmonds School District)

Year: 2006 Grade: 6 Gender: Both Ethnicity:

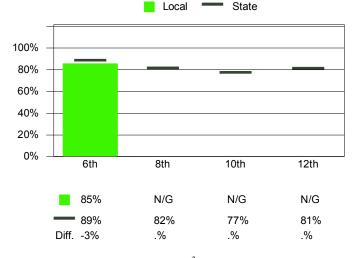
#### **Highlights**

- Research has identified a unique set of protective factors that buffer youth from problems such as substance use and school drop out.
- Youth who are involved in positive school activities, have well developed social skills, are attached to their families, and live in neighborhoods that invite positive participation are at less risk for negative youth behaviors.

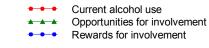
#### 2006 Elements of School Protection Grade 6 100% 65% 80% 46% 60% 40% 20% N/S N/S 0% Teachers **Parents** Opportunity Chances notified to talk to hard of good teacher involved

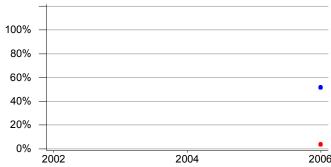
Offering young people opportunities for meaningful involvement in school and recognizing them for their efforts and accomplishments will help buffer them from problem behavior.

Element of Protection - Feeling Safe at School Compared to the State, All Grades, 2006



#### Protection Factors and Alcohol Use Trends Grade 6





Prevalence **	2002	2004	2006	2008	20:
Current alcohol use	N/P	N/P	4% ± 5% (53)	4% ± 5% (67)	N/
Opportunities for school involvement	N/P	N/P	N/S	N/S	N/
Rewards for school involvement	N/P	N/P	52% ± 14% (54)	55% ± 12% (67)	N/

Students in schools with low levels of protection and even moderate substance use are less likely to meet the standards for the mathematics, reading and writing sections of standardized tests.



Supportive learning environments are essential for student academic achievement. Students need safe, nurturing, healthy, and civil schools in order to be successful. Researchers have identified best practice support programs that, when implemented with fidelity in schools and classrooms, can increase protective factors and build supportive school cultures.

For More Information about school protective factors, visit the website http://captus.samhsa.gov/western

 $<sup>^{\</sup>star}$  indicates a significant change (Wald  $X^2,\,p{<}.05)$ 

<sup>\*\*</sup> Prevalence is displayed as the estimated percentage ± 95% confidence interval, with the number of respondents to this question in parentheses.

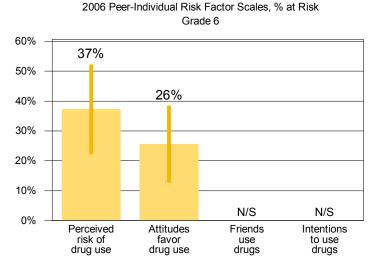
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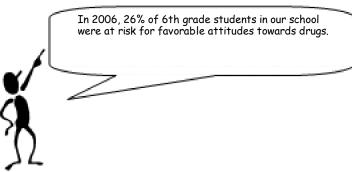
Peer-Individual Risk Factors for Spruce Primary (Edmonds School District)

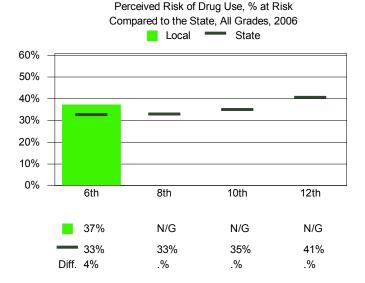
Year: 2006 Grade: 6 Gender: Both Ethnicity:

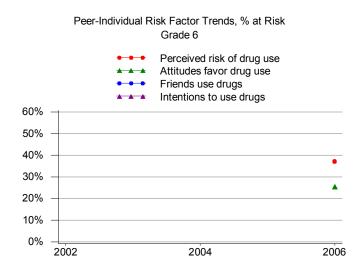
#### **Highlights**

- Research shows that the risk factors measured by the Healthy Youth Survey are linked to adolescent substance use, delinquency, violence, school dropout, and other risky health behaviors.
- The attitudes kids have about drug use strongly influence the likelihood they will use drugs. Families and communities should model healthy attitudes and choices.

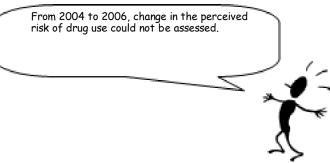








Prevalence **	2002	2004	2006	2008	2010
Perceived risk of drug use	N/P	N/P	37% ± 15% (43)	27% ± 11% (63)	N/P
Attitudes favor drug use	N/P	N/P	26% ± 13% (47)	15% ± 9% (67)	N/P
Friends use drugs	N/P	N/P	N/S	N/S	N/P
Intentions to use drugs	N/P	N/P	N/S	N/S	N/P



#### For More Information

Parents, schools, kids, and communities can work together to keep youth safe. To see how State and local partners are addressing these issues, see listings on the AskHYS homepage. For free guides on preventing alcohol and other drug use, call Washington State Alcohol/Drug Information Clearinghouse: 1-800-662-9111.

For non-State resources, parents can go to www.drugfree.org. Prevention professionals should see http://captus.samhsa.gov/western.

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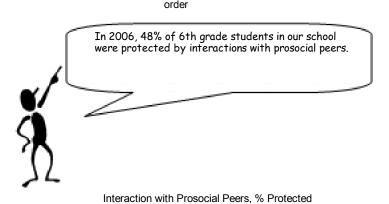
Peer-Individual Protective Factors for Spruce Primary (Edmonds School District)

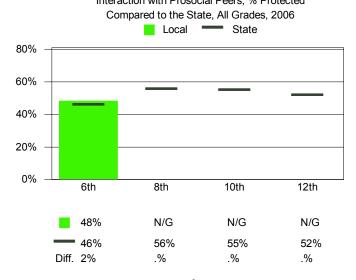
Year: 2006 Grade: 6 Gender: Both Ethnicity:

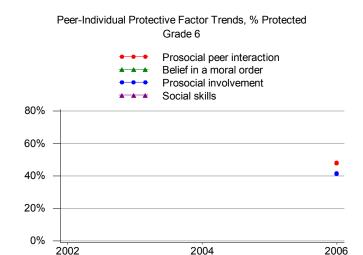
#### **Highlights**

- Kids are strongly influenced by their peers. Parents need to know who their children's friends are, where they are and what they are doing.
- Kids who have the skills and opportunities to be involved in pro-social activities are less likely to engage in risky behavior.

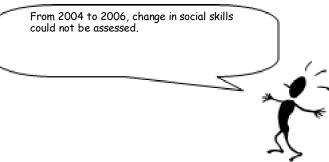
#### 2006 Peer-Individual Protective Factor Scales, % Protected Grade 6 80% 48% 60% 42% 40% 20% N/S N/S 0% Prosocial **Belief** Prosocial Social involvement skills interaction moral







Prevalence **	2002	2004	2006	2008	2010
Prosocial peer interaction	N/P	N/P	48% ± 14% (52)	42% ± 12% (67)	N/P
Belief in a moral order	N/P	N/P	N/S	N/S	N/P
Prosocial involvement	N/P	N/P	42% ± 14% (53)	41% ± 12% (66)	N/P
Social skills	N/P	N/P	N/S	N/S	N/P



#### For More Information

Parents, schools, kids, and communities can work together to keep youth safe. To see how State and local partners are addressing these issues, see listings on the AskHYS homepage. For free guides on preventing alcohol and other drug use, call Washington State Alcohol/Drug Information Clearinghouse: 1-800-662-9111.

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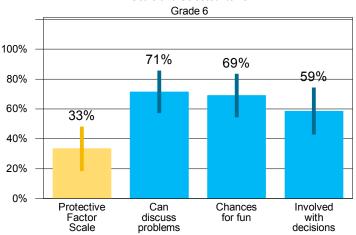
# Family Protective Factors for Spruce Primary (Edmonds School District)

Year: 2006 Grade: 6 Gender: Both Ethnicity:

#### **Highlights**

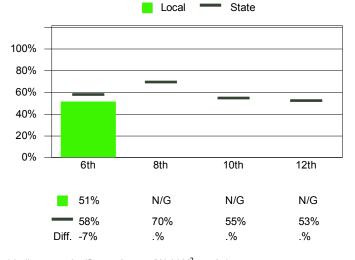
- Children who are attached to positive families are less likely to develop problems in adolescence.
- When parents set clear standards for children's behavior, when they are widely and consistently supported, and when the consequences for not following the standards are consistent, young people are more likely to follow the standards.

#### 2006 Opportunities for Prosocial Family Involvement, % Protected Scale and Selected Items



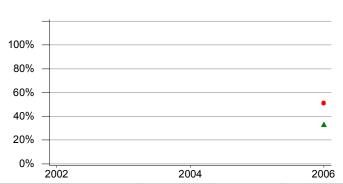
In 2006, 33% of 6th grade students in our school were protected with opportunities for prosocial family involvement.

# Rewards for Prosocial Family Involvement Compared to the State, All Grades, 2006



#### Family Protective Factor Trends Grade 6

Rewards for prosocial family involvement Opportunities for Prosocial Family Involvement



Prevalence **	2002	2004	2006	2008	20
Rewards for prosocial family involvement	N/P	N/P	51% ± 16% (41)	64% ± 12% (64)	N
Opportunities for Prosocial Family Involvement	N/P	N/P	33% ± 15% (42)	58% ± 12% (64) *	N

From 2004 to 2006, change in family opportunities for prosocial involvement could not be assessed.



#### For More Information

Parents and caregivers are the #1 influence on a child's decisions about alcohol and other drugs. You have the power to help your child make healthy choices.

Talking with your child about his or her activities opens up an opportunity for you to share your interests and values. Young people are much less likely to have mental health and substance abuse problems when they have positive activities to do and when caring adults are involved in their lives.

For More Information, visit the Start Talking Now website at www.StartTalkingNow.org.

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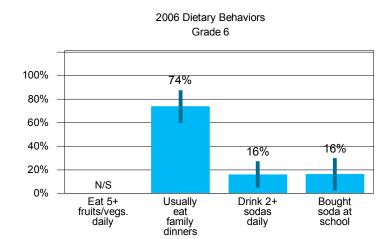
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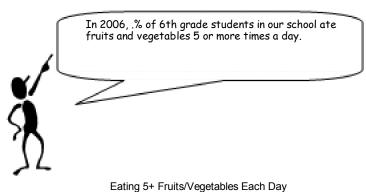
# Dietary Behaviors for Spruce Primary (Edmonds School District)

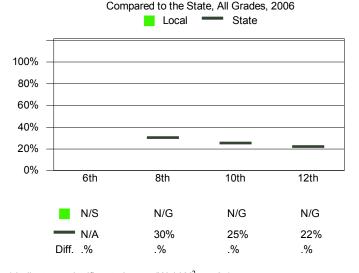
Year: 2006 Grade: 6 Gender: Both Ethnicity:

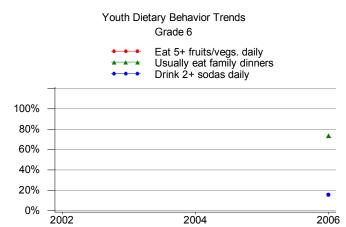
#### **Highlights**

- A nutritious diet can reduce major risk factors for chronic disease such as obesity, high blood pressure, and high blood cholesterol.
- Poor nutrition has the potential to affect the growth, development, and health status of children and adolescents.









Prevalence **	2002	2004	2006	2008	2010
Eat 5+ fruits/ vegs. daily	N/P	N/P	N/S	N/S	N/P
Usually eat family dinners	N/P	N/P	74% ± 14% (42)	80% ± 10% (65)	N/P
Drink 2+ sodas daily	N/P	N/P	16% ± 11% (44)	9% ± 7% (65)	N/P

From 2004 to 2006, change in usually eating dinner with families could not be assessed.

#### For More Information

Individual food choices are made within the context of the family and the community. In order to be able to choose a nutritious diet, an affordable supply of health-promoting foods must be available.

For More Information and resources visit the Washington State Nutrition and Physical Activity Website at: www.doh.wa.gov/cfh/nutritionpa

 $<sup>^{\</sup>star}$  indicates a significant change (Wald  $X^2,\,p{<}.05)$ 

<sup>\*\*</sup> Prevalence is displayed as the estimated percentage ± 95% confidence interval, with the number of respondents to this question in parentheses.

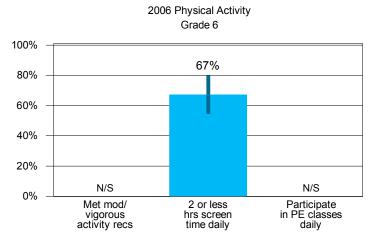
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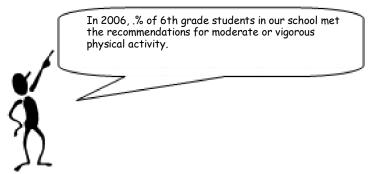
# Physical Activity for Spruce Primary (Edmonds School District)

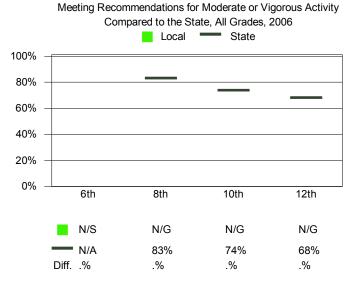
Year: 2006 Grade: 6 Gender: Both Ethnicity:

#### **Highlights**

- Regular physical activity reduces rates of obesity and serious diseases, helps people maintain a healthy body weight and improves quality of life.
- The Centers for Disease Control and Prevention (CDC) recommends 60 minutes of physical activity on five or more days a week.
- One challenge to being more physically active is the amount of recreational screen time spent on sedentary activities such as watching TV, playing video games or using a computer for fun.







# Physical Activity Trends Grade 6 Met mod/vigorous activity recs 2 or less hrs screen time daily Participate in PE classes daily 100% 80% 40% 20% 2002 2004 2004 2006

Prevalence **	2002	2004	2006	2008	201
Met mod/vigorous activity recs	N/P	N/P	N/S	N/S	N/F
2 or less hrs screen time daily	N/P	N/P	67% ± 13% (55)	65% ± 12% (66)	N/F
Participate in PE classes daily	N/P	N/P	N/S	N/S	N/F

From 2004 to 2006, change in 2 hours or less of daily screen time could not be assessed.

#### **For More Information**

Many social and environmental factors influence the decision to be active. Successful strategies to promote physical activity include educating individuals and developing policies to create environments that support being physically active.

For More Information and resources visit the Washington State Nutrition and Physical Activity Website at: www.doh.wa.gov/cfh/nutritionpa

 $<sup>^{\</sup>star}$  indicates a significant change (Wald  $X^2,\,p{<}.05)$ 

<sup>\*\*</sup> Prevalence is displayed as the estimated percentage ± 95% confidence interval, with the number of respondents to this question in parentheses.

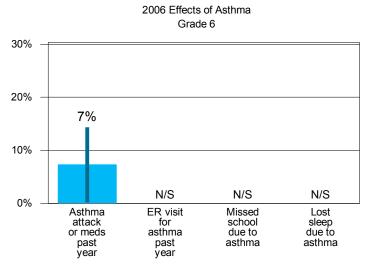
Missing Codes: S = result suppressed due to insufficient reporting from students or schools; N/P = location did not participate in the survey this year; N/G = grade not available; N/S = question was not surveyed this year; N/A = question was not asked of this grade; NB/G = this gender was not at this location Report generated at www.AskHYS.net

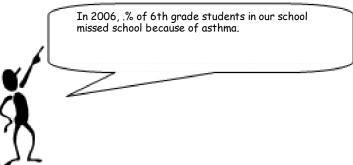
# Asthma for Spruce Primary (Edmonds School District)

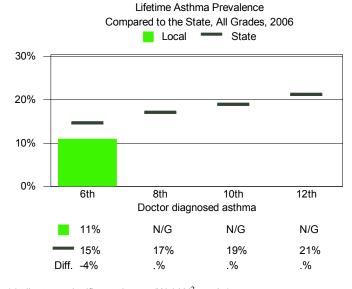
Year: 2006 Grade: 6 Gender: Both Ethnicity:

#### **Highlights**

- In Washington State, about one in five youth have been diagnosed with asthma.
- Among youth with asthma, about one in five had at least one visit to an emergency department for asthma attack during 2006.
- Youth who smoke are more likely to have asthma.







Youth Asthma Trends
Grade 6

Doctor diagnosed asthma
Asthma attack or meds past year

30%

20%

10%

2002

2004

2006

Prevalence **	2002	2004	2006	2008	201
Doctor diagnosed asthma	N/P	N/P	11% ± 9% (55)	19% ± 10% (67)	N/F
Asthma attack or meds past year	N/P	N/P	7% ± 7% (55)	N/S	N/F

All youth with asthma should have a written asthma action plan to follow in the event of an attack.



Asthma is a lung disease that causes trouble with breathing, usually in episodes called attacks. An attack can be triggered by exercise, exposure to smoke, mold, allergens like pet dander, and air pollution such as diesel exhaust. Asthma can be controlled by avoidance of asthma triggers, regular health care visits, compliance with medication schedules, and maintaining appropriate weight.

For More Information visit the Asthma Program's website at: http://www.doh.wa.gov/cfh/asthma

Washington Asthma Initiative's website at: http://www.alaw.org/asthma/washington\_asthma\_initiative/

 $<sup>^{\</sup>star}$  indicates a significant change (Wald  $X^2,\,p{<}.05)$ 

<sup>\*\*</sup> Prevalence is displayed as the estimated percentage ± 95% confidence interval, with the number of respondents to this question in parentheses.

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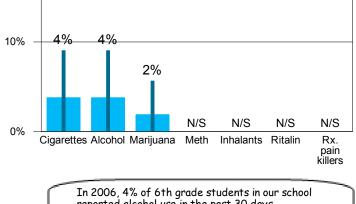
# Current Substance Use for Spruce Primary (Edmonds School District)

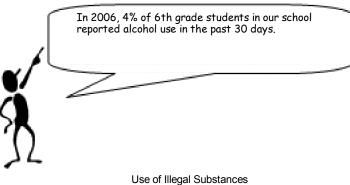
Year: 2006 Grade: 6 Gender: Both Ethnicity:

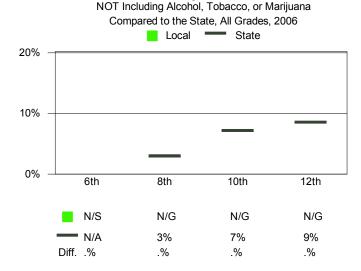
#### **Highlights**

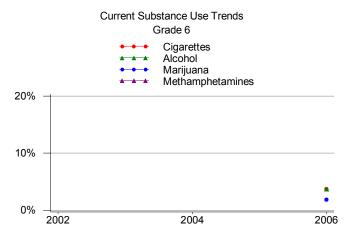
- Parents are the primary influence on their children's decision to use alcohol, tobacco, and other drugs.
- Brain development continues into the early twenties. The growing brain is more vulnerable to long-term impact from alcohol and other drugs.

# 2006 Current (past 30 days) Substance Use Grade 6 20% 10% 2% N/S N/S N/S N/S 0%









Prevalence **	2002	2004	2006	2008	20
Cigarettes	N/P	N/P	4% ± 5% (53)	1% ± 2% (67)	N/
Alcohol	N/P	N/P	4% ± 5% (53)	4% ± 5% (67)	N/
Marijuana	N/P	N/P	2% ± 3% (53)	N/S	N/
Methamphetamines	N/P	N/P	N/S	N/S	N/

From 2004 to 2006, change in marijuana use could not be assessed.

#### For More Information

Parents, schools, kids, and communities can work together to keep youth safe. To see how State and local partners are addressing these issues, see listings on the AskHYS homepage. For free guides on preventing alcohol and other drug use, call Washington State Alcohol/Drug Information Clearinghouse: 1-800-662-9111.

If you or someone you know needs help with drug abuse, contact the Washington State Alcohol/Drug Helpline at 1-800-562-1240, or online at http://www.adhl.org/

<sup>\*</sup> indicates a significant change (Wald X<sup>2</sup>, p<.05)

<sup>\*\*</sup> Prevalence is displayed as the estimated percentage ± 95% confidence interval, with the number of respondents to this question in parentheses. Missing Codes: S = result suppressed due to insufficient reporting from students or schools; N/P = location did not participate in the survey this year; N/G = grade not available; N/S = question was not surveyed this year; N/A = question was not asked of this grade; NB/G = this gender was not at this location

# Alcohol Use for Spruce Primary (Edmonds School District), page 1 of 2

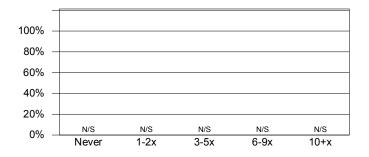
Year: 2006 Grade: 6 Gender: Both Ethnicity:

#### **Highlights**

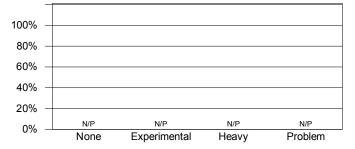
- Alcohol is implicated in nearly a third of youth traffic fatalities. It is also associated with violence, suicide, educational failure, and sexual activity.
- Contrary to earlier beliefs, recent research shows that alcohol can affect the developing adolescent brain.
- Most kids find it easy to get alcohol from friends, at parties, or from home.

#### 30 Day Alcohol Use Compared to the State, All Grades Local -State 100% 80% 60% 20% 0% 8th 10th 12th Alcohol 4% N/G N/G N/G 4% 15% 33% 42% Diff. -1% .% .% .%

## Past Year Drunk/High at School



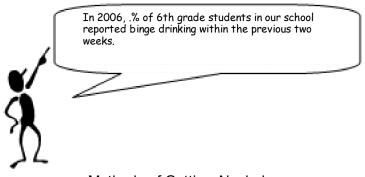
#### Alcohol Use Level



- . None: no drinking in the past 30 days.
- Experimental: 1-2 days drinking, and no binge drinking.
- . Heavy: 3-5 days drinking, and/or one binge.
- Problem: 6+ days drinking, and/or 2+ binge.

	Alcohol Us	se Trends Alcohol Ever Drank Alcohol Binge Drinking	
100%			
80%			
60%			
40%			
20%			
0%	2002	2004	2006

Prevalence **	2002	2004	2006	2008	2010
Alcohol	N/P	N/P	4% ± 5% (53)	4% ± 5% (67)	N/P
Ever Drank Alcohol	N/P	N/P	28% ± 13% (53)	33% ± 12% (67)	N/P
Binge Drinking	N/P	N/P	N/S	4% ± 5% (67)	N/P



Methods of Getting Alcohol

Data is unavailable for the pie chart.

(This question was not surveyed this year.)

<sup>\*</sup> indicates a significant change (Wald X<sup>2</sup>, p<.05)

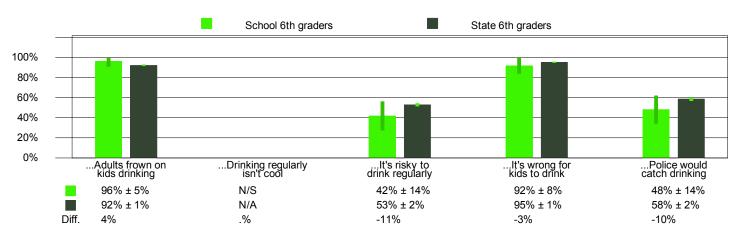
<sup>\*\*</sup> Prevalence is displayed as the estimated percentage ± 95% confidence interval, with the number of respondents to this question in parentheses.

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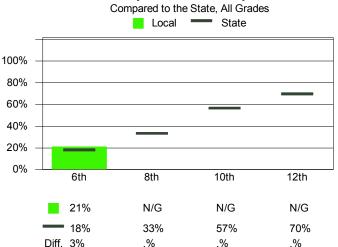
# Alcohol Use for Spruce Primary (Edmonds School District), page 2 of 2

Year: 2006 Grade: 6 Gender: Both Ethnicity:

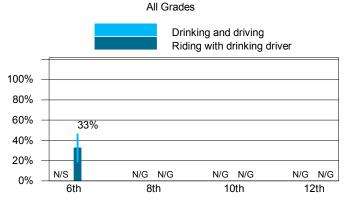
#### Kids believe that...



### Kids Say Alcohol Is Easy to Get



# Drinking and Driving / Riding



In 2006, 96% of 6th grade students in our school think that adults disapprove of kids drinking.

#### For More Information

Parents, schools, kids, and communities can work together to keep youth safe. To see how State and local partners are addressing these issues, see listings on the AskHYS homepage. For free guides on preventing alcohol and other drug use, call Washington State Alcohol/Drug Information Clearinghouse: 1-800-662-9111.

Parents can get tips on how to talk to their kids about alcohol use at www.StartTalkingNow.org.

If you or someone you know needs help with drug abuse, contact the Washington State Alcohol/Drug Helpline at 1-800-562-1240, or online at www.adhl.org.

 $<sup>^{\</sup>star}$  indicates a significant change (Wald  $X^2,\,p{<}.05)$ 

<sup>\*\*</sup> Prevalence is displayed as the estimated percentage ± 95% confidence interval, with the number of respondents to this question in parentheses.

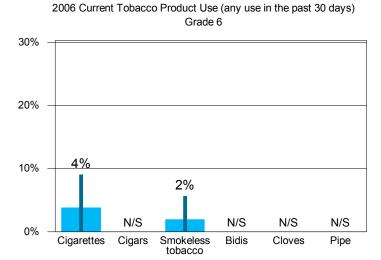
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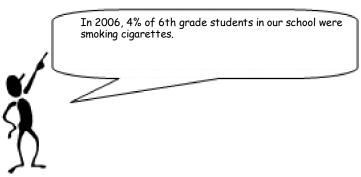
# Tobacco Use for Spruce Primary (Edmonds School District)

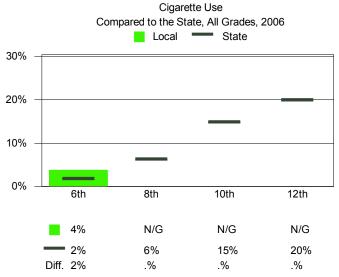
Year: 2006 Grade: 6 Gender: Both Ethnicity:

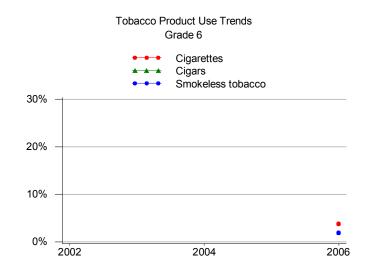
#### **Highlights**

- In Washington State, 45 youth start smoking each day
- One in three of all youth smokers will die prematurely from a smoking-caused disease
- Smoking is associated with the increased risk of drug use and low academic performance

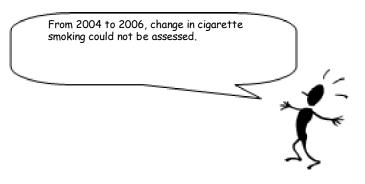








Prevalence **	2002	2004	2006	2008	2010
Cigarettes	N/P	N/P	4% ± 5% (53)	1% ± 2% (67)	N/P
Cigars	N/P	N/P	N/S	N/S	N/P
Smokeless tobacco	N/P	N/P	2% ± 3% (53)	N/S	N/P



#### For More Information

The Washington State Department of Health Tobacco
Prevention and Control Program funds a comprehensive
statewide tobacco prevention program to reduce the initiation
of youth smoking and help current smokers guit.

For More Information, visit the Tobacco Program's website at: http://www.doh.wa.gov/tobacco .

 $<sup>^{\</sup>star}$  indicates a significant change (Wald  $X^2,\,p{<}.05)$ 

<sup>\*\*</sup> Prevalence is displayed as the estimated percentage ± 95% confidence interval, with the number of respondents to this question in parentheses.

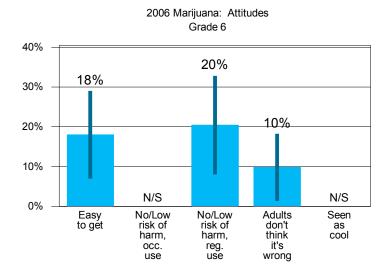
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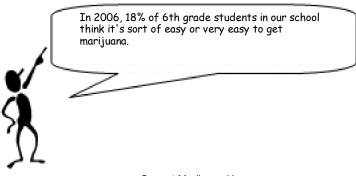
# Marijuana Use for Spruce Primary (Edmonds School District)

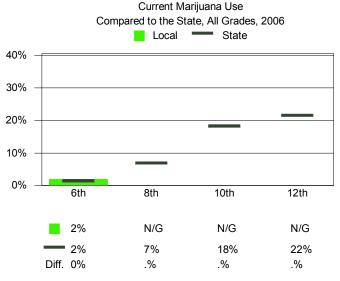
Year: 2006 Grade: 6 Gender: Both Ethnicity:

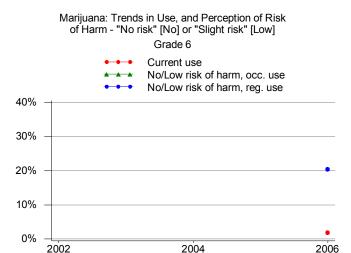
#### **Highlights**

- Smoking marijuana affects neuropsychological functioning, such as hand-eye coordination, reaction time, and memory.
- Marijuana is far more potent and therefore far more toxic than marijuana grown in the 1970's.
- The earlier someone starts using marijuana, the greater their vulnerability to addition disorders and psychiatric disorders.









Prevalence **	2002	2004	2006	2008	2010
Current use	N/P	N/P	2% ± 3% (53)	N/S	N/P
No/Low risk of harm, occ. use	N/P	N/P	N/S	N/S	N/P
No/Low risk of harm, reg. use	N/P	N/P	20% ± 12% (44)	18% ± 9% (67)	N/P

In 2006, .% of 6th grade students in our school thought there was little or no risk using marijuana occasionally.



Parents, schools, kids, and communities can work together to keep youth safe. To see how State and local partners are addressing these issues, see listings on the AskHYS homepage. For free guides on preventing alcohol and other drug use, call Washington State Alcohol/Drug Information Clearinghouse: 1-800-662-9111.

If you or someone you know needs help with drug abuse, contact the Washington State Alcohol/Drug Helpline at 1-800-562-1240, or online at http://www.adhl.org/

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