Healthy Youth Survey Fact Sheets

## Unintentional Injury for Challenge Elementary (Edmonds School District)

Year: 2006 Grade: 6 Gender: Both Ethnicity:

## Highlights

- Unintentional injury is the leading cause of death among youth.
- Unintentional injuries are caused by behaviors such as not wearing a seatbelt, riding a bike or motorcycle without a helmet, drinking and driving, riding with a drunk driver and not wearing a life jacket.
- Motor vehicle crashes are the most common type of injury death among youth.

* indicates a significant change (Wald $\mathrm{X}^{2}, \mathrm{p}<.05$ )
${ }^{* *}$ Prevalence is displayed as the estimated percentage $\pm 95 \%$ confidence interval, with the number of respondents to this question in parentheses.
Missing Codes: $S=$ result suppressed due to insufficient reporting from students or schools; $\quad N / P=$ location did not participate in the survey this year; $\quad N / G=$ grade not available; $N / S=$ question was not surveyed this year; $N / A=$ question was not asked of this grade; $N B / G=$ this gender was not at this location
Report generated at www.AskHYS.net

Healthy Youth Survey Fact Sheets

## Violent Behaviors for Challenge Elementary (Edmonds School District)

Year: 2006 Grade: 6 Gender: Both Ethnicity:

## Highlights

- The federal Gun Free Schools Act requires the expulsion of students who bring firearms to school (SED. 4141) and Washington Law requires a one year expulsion for possession of firearms or dangerous weapons on school campuses. (RCW 28A.600.420 / RCW 9.41.280)
- Schools in Washington are required to have a comprehensive school safety plan that includes prevention, intervention, all-hazards/crisis response and post crisis recovery. (RCW 28A.320.125)


Carried a Weapon at School
Compared to the State, All Grades, 2006



For More Information
Supportive learning environments are essential for student academic achievement. Students need safe, nurturing, healthy, and civil schools in order to be successful.

For More Information about school safety, visit the OSPI-sponsored Safety Center Website at: http://www.K12.wa.us/safetycenter/

* indicates a significant change (Wald $\mathrm{X}^{2}, \mathrm{p}<.05$ )
** Prevalence is displayed as the estimated percentage $\pm 95 \%$ confidence interval, with the number of respondents to this question in parentheses.
Missing Codes: $S=$ result suppressed due to insufficient reporting from students or schools; $N / P=$ location did not participate in the survey this year; $N / G=$ grade not available; $N / S=$ question was not surveyed this year; $N / A=$ question was not asked of this grade; $N B / G=$ this gender was not at this location Report generated at www.AskHYS.net

Harassment, Intimidation, and Bullying for Challenge Elementary (Edmonds School District)
Year: 2006 Grade: 6 Gender: Both Ethnicity:

## Highlights

- Washington State Law (RCW 28A.300.285) requires all school districts to adopt a policy that prohibits harassment, intimidation, and bullying (HIB).
- The legislation also requires the Office of Superintendent of Public Instruction (OSPI) to publish a model policy at the following website: http://www.k12.wa.us/Safetycenter/LawEnforcement/Student Discipline.aspx


Bullied in Past Month
Compared to the State, All Grades, 2006
Local - State



For More Information
Supportive learning environments are essential for student academic achievement. Students need safe, nurturing, healthy, and civil schools in order to be successful.

For More Information visit the OSPI-sponsored Safety Center Website at: http://www.K12.wa.us/safetycenter/

* indicates a significant change (Wald $\mathrm{X}^{2}, \mathrm{p}<.05$ )
** Prevalence is displayed as the estimated percentage $\pm 95 \%$ confidence interval, with the number of respondents to this question in parentheses.
Missing Codes: $S=$ result suppressed due to insufficient reporting from students or schools; $N / P=$ location did not participate in the survey this year; $N / G=$ grade not available; $N / S=$ question was not surveyed this year; $N / A=$ question was not asked of this grade; $N B / G=$ this gender was not at this location
Report generated at www.AskHYS.net

Community Risk Factors for Challenge Elementary (Edmonds School District)
Year: 2006 Grade: 6 Gender: Both Ethnicity:

## Noteworthy

- Research shows that the risk factors measured by the Healthy Youth Survey are linked to adolescent substance use, delinquency, violence, school dropout, and other risky health behaviors.
- The more risk factors a youth is exposed to, the more likely it is that she or he will engage in problem behaviors.

Community Risk Factor Trends, \% at Risk
Grade 6
-. Pro drug-use laws and norms \# \& Availability of drugs
$\cdots$ Availability of handguns $\star \Delta$ Low neighborhood attachment


Pro Drug-Use Laws and Norms Compared to the State, All Grades, 2006

Local - State


## For More Information

Parents, schools, kids, and communities can work together to keep youth safe. To see how State and local partners are addressing these issues, see listings on the AskHYS homepage. For free guides on preventing alcohol and other drug use, call Washington State Alcohol/Drug Information Clearinghouse: 1-800-662-9111.

For non-State resources, parents can go to www.drugfree.org. Prevention professionals should see http://captus.samhsa.gov/western

* indicates a significant change (Wald $\mathrm{X}^{2}, \mathrm{p}<.05$ )
${ }^{* *}$ Prevalence is displayed as the estimated percentage $\pm 95 \%$ confidence interval, with the number of respondents to this question in parentheses.
Missing Codes: $S=$ result suppressed due to insufficient reporting from students or schools; $\quad N / P=$ location did not participate in the survey this year; $\quad N / G=$ grade not available; $N / S=$ question was not surveyed this year; $N / A=$ question was not asked of this grade; $N B / G=$ this gender was not at this location
Report generated at www.AskHYS.net


## School Risk Factors for Challenge Elementary (Edmonds School District)

Year: 2006 Grade: 6 Gender: Both Ethnicity:

## Highlights

- Research has identified a unique set of risk factors that put youth at risk for problems, such as substance use and school drop out.
- Youth who get poor grades, have friends who smoke, experience family conflict, and live in neighborhoods that are disorganized are at greater risk for negative youth behaviors.


Does Not Enjoy Being at School Compared to the State, All Grades, 2006

Local - State



## For More Information

Supportive learning environments are essential for student academic achievement. Students need safe, nurturing, healthy, and civil schools in order to be successful. Researchers have identified best practice support programs that, when implemented with fidelity in schools and classrooms, can decrease risk factors and build positive school cultures.

For More Information about school risk factors, visit the website http://captus.samhsa.gov/western

* indicates a significant change (Wald $X^{2}, p<.05$ )
** Prevalence is displayed as the estimated percentage $\pm 95 \%$ confidence interval, with the number of respondents to this question in parentheses.
Missing Codes: $S=$ result suppressed due to insufficient reporting from students or schools; N/P = location did not participate in the survey this year; N/G $=$ grade not available; $N / S=$ question was not surveyed this year; $\quad N / A=$ question was not asked of this grade; $\quad N B / G=$ this gender was not at this location Report generated at www.AskHYS.net


## School Protective Factors for Challenge Elementary (Edmonds School District)

Year: 2006 Grade: 6 Gender: Both Ethnicity:

## Highlights

- Research has identified a unique set of protective factors that buffer youth from problems such as substance use and school drop out.
- Youth who are involved in positive school activities, have well developed social skills, are attached to their families, and live in
neighborhoods that invite positive participation are at less risk for negative youth behaviors.

2006 Elements of School Protection
Grade 6



Element of Protection - Feeling Safe at School Compared to the State, All Grades, 2006

Local - State


Protection Factors and Alcohol Use Trends
Grade 6


Students in schools with low levels of protection and even moderate substance use are less likely to meet the standards for the mathematics, reading and writing sections of standardized tests.

## For More Information

Supportive learning environments are essential for student academic achievement. Students need safe, nurturing, healthy, and civil schools in order to be successful. Researchers have identified best practice support programs that, when implemented with fidelity in schools and classrooms, can increase protective factors and build supportive school cultures.

For More Information about school protective factors, visit the website http://captus.samhsa.gov/western

* indicates a significant change (Wald $\mathrm{X}^{2}, \mathrm{p}<.05$ )
${ }^{* *}$ Prevalence is displayed as the estimated percentage $\pm 95 \%$ confidence interval, with the number of respondents to this question in parentheses.
Missing Codes: $S=$ result suppressed due to insufficient reporting from students or schools; $\quad N / P=$ location did not participate in the survey this year; $\quad N / G=$ grade not available; $N / S=$ question was not surveyed this year; $N / A=$ question was not asked of this grade; $N B / G=$ this gender was not at this location Report generated at www.AskHYS.net

Peer-Individual Risk Factors for Challenge Elementary (Edmonds School District)
Year: 2006 Grade: 6 Gender: Both Ethnicity:

## Highlights

- Research shows that the risk factors measured by the Healthy Youth Survey are linked to adolescent substance use, delinquency, violence, school dropout, and other risky health behaviors.
- The attitudes kids have about drug use strongly influence the likelihood they will use drugs. Families and communities should model healthy attitudes and choices.


Perceived Risk of Drug Use, \% at Risk
Compared to the State, All Grades, 2006
Local - State



For More Information
Parents, schools, kids, and communities can work together to keep youth safe. To see how State and local partners are addressing these issues, see listings on the AskHYS homepage. For free guides on preventing alcohol and other drug use, call Washington State Alcohol/Drug Information Clearinghouse: 1-800-662-9111.

For non-State resources, parents can go to www.drugfree.org. Prevention professionals should see http://captus.samhsa.gov/western.

* indicates a significant change (Wald $\mathrm{X}^{2}, \mathrm{p}<.05$ )
** Prevalence is displayed as the estimated percentage $\pm 95 \%$ confidence interval, with the number of respondents to this question in parentheses.
Missing Codes: $S=$ result suppressed due to insufficient reporting from students or schools; $\quad N / P=$ location did not participate in the survey this year; $N / G=$ grade not available; $N / S=$ question was not surveyed this year; $N / A=$ question was not asked of this grade; $N B / G=$ this gender was not at this location
Report generated at www.AskHYS.net

Peer-Individual Protective Factors for Challenge Elementary (Edmonds School District)
Year: 2006 Grade: 6 Gender: Both Ethnicity:

## Highlights

- Kids are strongly influenced by their peers. Parents need to know who their children's friends are, where they are and what they are doing.
- Kids who have the skills and opportunities to be involved in pro-social activities are less likely to engage in risky behavior.

2006 Peer-Individual Protective Factor Scales, \% Protected Grade 6



Interaction with Prosocial Peers, \% Protected Compared to the State, All Grades, 2006

Local - State


Peer-Individual Protective Factor Trends, \% Protected Grade 6
... Prosocial peer interaction
$\pm \Delta$ Belief in a moral order
... Prosocial involvement
$\star \pm$ Social skills



For More Information
Parents, schools, kids, and communities can work together to keep youth safe. To see how State and local partners are addressing these issues, see listings on the AskHYS homepage. For free guides on preventing alcohol and other drug use, call Washington State Alcohol/Drug Information Clearinghouse: 1-800-662-9111.

For non-State resources, parents can go to www.drugfree.org. Prevention professionals should see http://captus.samhsa.gov/western.

* indicates a significant change (Wald $\mathrm{X}^{2}, \mathrm{p}<.05$ )
** Prevalence is displayed as the estimated percentage $\pm 95 \%$ confidence interval, with the number of respondents to this question in parentheses.
Missing Codes: $S=$ result suppressed due to insufficient reporting from students or schools; $\quad N / P=$ location did not participate in the survey this year; $N / G=$ grade not available; $N / S=$ question was not surveyed this year; $N / A=$ question was not asked of this grade; $N B / G=$ this gender was not at this location
Report generated at www.AskHYS.net

Family Protective Factors for Challenge Elementary (Edmonds School District)
Year: 2006 Grade: 6 Gender: Both Ethnicity:

## Highlights

- Children who are attached to positive families are less likely to develop problems in adolescence.
- When parents set clear standards for children's behavior, when they are widely and consistently supported, and when the consequences for not following the standards are consistent, young people are more likely to follow the standards.


2006 Opportunities for Prosocial Family Involvement, \% Protected Scale and Selected Items Grade 6


In 2006, $57 \%$ of 6 th grade students in our school were protected with opportunities for prosocial family involvement.

Rewards for Prosocial Family Involvement Compared to the State, All Grades, 2006

Local - State


* indicates a significant change (Wald $\mathrm{X}^{2}, \mathrm{p}<.05$ )
** Prevalence is displayed as the estimated percentage $\pm 95 \%$ confidence interval, with the number of respondents to this question in parentheses.
Missing Codes: $S=$ result suppressed due to insufficient reporting from students or schools; N/P = location did not participate in the survey this year; N/G $=$ grade not available; $N / S=$ question was not surveyed this year; $\quad N / A=$ question was not asked of this grade; $\quad N B / G=$ this gender was not at this location Report generated at www.AskHYS.net

Healthy Youth Survey Fact Sheets

## Dietary Behaviors for Challenge Elementary (Edmonds School District)

Year: 2006 Grade: 6 Gender: Both Ethnicity:

## Highlights

- A nutritious diet can reduce major risk factors for chronic disease such as obesity, high blood pressure, and high blood cholesterol.
- Poor nutrition has the potential to affect the growth, development, and health status of children and adolescents.


For More Information
Individual food choices are made within the context of the family and the community. In order to be able to choose a nutritious diet, an affordable supply of health-promoting foods must be available.

For More Information and resources visit the Washington State Nutrition and Physical Activity Website at: www.doh.wa.gov/cfh/nutritionpa

* indicates a significant change (Wald $\mathrm{X}^{2}, \mathrm{p}<.05$ )
** Prevalence is displayed as the estimated percentage $\pm 95 \%$ confidence interval, with the number of respondents to this question in parentheses.
Missing Codes: $S=$ result suppressed due to insufficient reporting from students or schools; N/P = location did not participate in the survey this year; N/G = grade not available; $N / S=$ question was not surveyed this year; $\quad N / A=$ question was not asked of this grade; $\quad N B / G=$ this gender was not at this location
Report generated at www.AskHYS.net


## Physical Activity for Challenge Elementary (Edmonds School District)

Year: 2006 Grade: 6 Gender: Both Ethnicity:

## Highlights

- Regular physical activity reduces rates of obesity and serious diseases, helps people maintain a healthy body weight and improves quality of life.
- The Centers for Disease Control and Prevention (CDC) recommends 60 minutes of physical activity on five or more days a week.
- One challenge to being more physically active is the amount of recreational screen time spent on sedentary activities such as watching TV, playing video games or using a computer for fun.



## For More Information

Many social and environmental factors influence the decision to be active. Successful strategies to promote physical activity include educating individuals and developing policies to create environments that support being physically active.

For More Information and resources visit the Washington State Nutrition and Physical Activity Website at: www.doh.wa.gov/cfh/nutritionpa

* indicates a significant change (Wald $\mathrm{X}^{2}, \mathrm{p}<.05$ )
${ }^{* *}$ Prevalence is displayed as the estimated percentage $\pm 95 \%$ confidence interval, with the number of respondents to this question in parentheses.
Missing Codes: $S=$ result suppressed due to insufficient reporting from students or schools; $\quad N / P=$ location did not participate in the survey this year; $\quad N / G=$ grade not available; $N / S=$ question was not surveyed this year; $N / A=$ question was not asked of this grade; $N B / G=$ this gender was not at this location
Report generated at www.AskHYS.net


## Asthma for Challenge Elementary (Edmonds School District)

Year: 2006 Grade: 6 Gender: Both Ethnicity:

## Highlights

- In Washington State, about one in five youth have been diagnosed with asthma.
- Among youth with asthma, about one in five had at least one visit to an emergency department for asthma attack during 2006.
- Youth who smoke are more likely to have asthma.

2006 Effects of Asthma
Grade 6



Lifetime Asthma Prevalence
Compared to the State, All Grades, 2006
Local - State


Youth Asthma Trends
Grade 6

| -. Doctor diagnosed asthma <br> $\star \Delta$ Asthma attack or meds past year |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 40\% |  |  |  |  |  |
| 30\% |  |  |  |  |  |
| $20 \%$ - |  |  |  |  |  |
| 10\% |  |  |  |  |  |
| 0\% |  |  |  |  |  |
| Prevalence ** | 2002 | 2004 | 2006 | 2008 | 201 |
| Doctor diagnosed asthma | N/P | N/P | $\begin{gathered} 20 \% \pm 12 \% \\ (49) \end{gathered}$ | $\begin{gathered} 11 \% \pm 10 \% \\ (44) \end{gathered}$ | $12 \%$ (52 |
| Asthma attack or meds past year | N/P | N/P | $\begin{gathered} 20 \% \pm 11 \% \\ (50) \end{gathered}$ | N/S | N/s |

All youth with asthma should have a written
asthma action plan to follow in the event of
an attack.
For More Information
Asthma is a lung disease that causes trouble with breathing, usually in episodes called attacks. An attack can be triggered by exercise, exposure to smoke, mold, allergens like pet dander, and air pollution such as diesel exhaust. Asthma can be controlled by avoidance of asthma triggers, regular health care visits, compliance with medication schedules, and maintaining appropriate weight.

For More Information visit the Asthma Program's website at: http://www.doh.wa.gov/cfh/asthma

Washington Asthma Initiative's website at: http://www.alaw.org/asthma/washington_asthma_initiative/

* indicates a significant change (Wald $X^{2}, p<.05$ )
${ }^{* *}$ Prevalence is displayed as the estimated percentage $\pm 95 \%$ confidence interval, with the number of respondents to this question in parentheses.
Missing Codes: $S=$ result suppressed due to insufficient reporting from students or schools; N/P = location did not participate in the survey this year; N/G = grade not available; $N / S=$ question was not surveyed this year; $N / A=$ question was not asked of this grade; $N B / G=$ this gender was not at this location
Report generated at www.AskHYS.net


## Current Substance Use for Challenge Elementary (Edmonds School District)

Year: 2006 Grade: 6 Gender: Both Ethnicity:

## Highlights

- Parents are the primary influence on their children's decision to use alcohol, tobacco, and other drugs.
- Brain development continues into the early twenties. The growing brain is more vulnerable to long-term impact from alcohol and other drugs.


Use of Illegal Substances
NOT Including Alcohol, Tobacco, or Marijuana
Compared to the State, All Grades, 2006



For More Information
Parents, schools, kids, and communities can work together to keep youth safe. To see how State and local partners are addressing these issues, see listings on the AskHYS homepage. For free guides on preventing alcohol and other drug use, call Washington State Alcohol/Drug Information Clearinghouse: 1-800-662-9111.

If you or someone you know needs help with drug abuse, contact the Washington State Alcohol/Drug Helpline at 1-800-562-1240, or online at http://www.adhl.org/

* indicates a significant change (Wald $\mathrm{X}^{2}, \mathrm{p}<.05$ )
** Prevalence is displayed as the estimated percentage $\pm 95 \%$ confidence interval, with the number of respondents to this question in parentheses.
Missing Codes: $S=$ result suppressed due to insufficient reporting from students or schools; $\quad N / P=$ location did not participate in the survey this year; $\quad N / G=$ grade not available; $N / S=$ question was not surveyed this year; $N / A=$ question was not asked of this grade; $\quad N B / G=$ this gender was not at this location
Report generated at www.AskHYS.net


## Alcohol Use for Challenge Elementary (Edmonds School District), page 1 of 2

Year: 2006 Grade: 6 Gender: Both Ethnicity:

## Highlights

- Alcohol is implicated in nearly a third of youth traffic fatalities. It is also associated with violence, suicide, educational failure, and sexual activity.
- Contrary to earlier beliefs, recent research shows that alcohol can affect the developing adolescent brain.
- Most kids find it easy to get alcohol from friends, at parties, or from home.


30 Day Alcohol Use
Compared to the State, All Grades
Local - State


Past Year Drunk/High at School


Alcohol Use Level


- None: no drinking in the past 30 days.
- Experimental: 1-2 days drinking, and no binge drinking
- Heavy: 3-5 days drinking, and/or one binge
- Problem: 6+ days drinking, and/or 2+ binge.


Methods of Getting Alcohol

Data is unavailable for the pie chart.
(This question was not surveyed this year.)

[^0]
## Alcohol Use for Challenge Elementary (Edmonds School District), page 2 of 2

Year: 2006 Grade: 6 Gender: Both Ethnicity:
Kids believe that...



Drinking and Driving / Riding All Grades



For More Information
Parents, schools, kids, and communities can work together to keep youth safe. To see how State and local partners are addressing these issues, see listings on the AskHYS homepage. For free guides on preventing alcohol and other drug use, call Washington State Alcohol/Drug Information Clearinghouse: 1-800-662-9111.

Parents can get tips on how to talk to their kids about alcohol use at www.StartTalkingNow.org.

If you or someone you know needs help with drug abuse, contact the Washington State Alcohol/Drug Helpline at 1-800-562-1240, or online at www.adhl.org.

[^1]
## Tobacco Use for Challenge Elementary (Edmonds School District)

Year: 2006 Grade: 6 Gender: Both Ethnicity:

## Highlights

- In Washington State, 45 youth start smoking each day
- One in three of all youth smokers will die prematurely from a smoking-caused disease
- Smoking is associated with the increased risk of drug use and low academic performance


Cigarette Use
Compared to the State, All Grades, 2006


* indicates a significant change (Wald $\mathrm{X}^{2}, \mathrm{p}<.05$ )
${ }^{* *}$ Prevalence is displayed as the estimated percentage $\pm 95 \%$ confidence interval, with the number of respondents to this question in parentheses.
Missing Codes: $S=$ result suppressed due to insufficient reporting from students or schools; $\quad N / P=$ location did not participate in the survey this year; $\quad N / G=$ grade not available; $N / S=$ question was not surveyed this year; $N / A=$ question was not asked of this grade; $N B / G=$ this gender was not at this location
Report generated at www.AskHYS.net


## Marijuana Use for Challenge Elementary (Edmonds School District)

Year: 2006 Grade: 6 Gender: Both Ethnicity:

## Highlights

- Smoking marijuana affects neuropsychological functioning, such as hand-eye coordination, reaction time, and memory.
- Marijuana is far more potent and therefore far more toxic than marijuana grown in the 1970's.
- The earlier someone starts using marijuana, the greater their vulnerability to addition disorders and psychiatric disorders.

* indicates a significant change (Wald $\mathrm{X}^{2}, \mathrm{p}<.05$ )
${ }^{* *}$ Prevalence is displayed as the estimated percentage $\pm 95 \%$ confidence interval, with the number of respondents to this question in parentheses.
Missing Codes: $S=$ result suppressed due to insufficient reporting from students or schools; $\quad N / P=$ location did not participate in the survey this year; $\quad N / G=$ grade not available; $N / S=$ question was not surveyed this year; $N / A=$ question was not asked of this grade; $N B / G=$ this gender was not at this location
Report generated at www.AskHYS.net


[^0]:    * indicates a significant change (Wald $\mathrm{X}^{2}, \mathrm{p}<.05$ )
    ** Prevalence is displayed as the estimated percentage $\pm 95 \%$ confidence interval, with the number of respondents to this question in parentheses.
    Missing Codes: $S=$ result suppressed due to insufficient reporting from students or schools; N/P = location did not participate in the survey this year; N/G = grade not available; $N / S=$ question was not surveyed this year; $N / A=$ question was not asked of this grade; $N B / G=$ this gender was not at this location Report generated at www.AskHYS.net

[^1]:    * indicates a significant change (Wald $\mathrm{X}^{2}, \mathrm{p}<.05$ )
    ** Prevalence is displayed as the estimated percentage $\pm 95 \%$ confidence interval, with the number of respondents to this question in parentheses.
    Missing Codes: $S=$ result suppressed due to insufficient reporting from students or schools; N/P = location did not participate in the survey this year; N/G = grade not available; $N / S=$ question was not surveyed this year; $N / A=$ question was not asked of this grade; $N B / G=$ this gender was not at this location
    Report generated at www.AskHYS.net

