

Sound FC Junior Academy Powered by TOCA

Introducing Sound FC Jr Academy Powered by TOCA the most innovative Academy program in the NW. We have partnered once again with TOCA Football to bring young future stars a training program that will dramatically change your child's soccer development. Using TOCA's Touch Trainer, a ball delivery robot, and their certified training staff, this academy program will enhance soccer fundamental skills for young, beginner or recreation players ages 5-8 years old that would love to take the next step to play for Sound FC. During this 10-week program, each session emphasizes mastering the basic skills needed to take your game to the next level without sacrificing the fun parts of soccer!

Each session takes place in TOCA's indoor climate-controlled studios and is limited to 4 players per studio, so each can maximize exposure to our TOCA Trainers receiving 200+ touches on the ball in a one-hour session! Training in small groups is a fantastic way for players to establish relationship with peers and our trainers -- helping them become more engaged during each exercise.

The program format will consist of 30-40 minutes of skill work with the TOCA Touch Trainer and 20-30 minutes of small-sided games in which the players can test their newly acquired skills.



SOUND FC
JUNIOR ACADEMY
POWERED BY
TOCA

Ages 5-8
Starts Feb 2020

REGISTER TODAY

Key Points

- Using TOCA training the most innovative training method in the NW
- Path to success to play for Sound FC
- Climate controlled indoor space to keep kids dry and comfortable
- 30 minutes of technical skill training followed by 20 minutes of small sided game play
- For more info email wschmetzer@tocafootball.com
- 10 Sunday Afternoon Sessions times range from 2pm to 6pm (See sign up form)
- Sign-up before January 15th \$285, after Jan. 15th \$299

The Edmonds School District does not sponsor or endorse the activity and/or information contained in this material