



KEN'S FAMILY TAE KWON DO SUMMER FUN

FUN FOR KIDS AND ADULTS

Sign up now for this great opportunity. This is a fun and safe family oriented class that parents and kids can do together. Learn the basics of Tae Kwon Do and self-defense techniques from 2nd Degree Black Belt, Ken Abrams.

Ken has been studying Tae Kwon Do for over 18 years and offers a fun, safe and unique way to learn this popular martial art, and get a well needed workout at the same time. Visit my website: www.kensfamilytkd.com

INSTRUCTOR Classes are every Saturday from 10:30 - 11:30 AM at the Edmonds United Methodist Church: 828 Caspers Street, Edmonds, Washington. If you are interested in attending please call Ken Abrams at 206-313-7832 or email: kenalfmc@gmail.com to reserve your spot now! Space is limited! Ken's Family Tae Kwon Do classes are only \$25 per student per month.



KEN ABRAMS

SIGN UP TODAY!



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