

Patrick, my Leadership Class was divided into 4 groups represented equally by all four grades. They were given a school start time of 8:30 and asked to use the ancient art of Pro's & Con's to evaluate whether or not a later high school start time would help or hinder their academic success. Their responses are listed below.

In the end they were all very frustrated as no matter how hard they tried they could not get 54 minute classes starting at 8:30 to end by 2pm. They all wanted to start later as long as it meant ending school by 2pm. \;-)- Stew

Pro's	Con's
<ul style="list-style-type: none"> ● More sleep ● Better learning (studies shown) ● More stores are open if you forgot to buy something ● More people would be on time if they have more time to get ready ● Freshman would adjust easier 	<ul style="list-style-type: none"> ● After-school activities would run later, which would be bad if there were games. ● No free time at all ● Get out later ● Later to do homework ● People who can't take a bus and need rides here/back would have to have their parents leave at work super early so they might not have one ● Seniors would have to readjust their schedules again for college

Pros

- Might get more sleep
 - Getting more sleep, might improve your grades/scores in school
- People's' brains are awake
- People will have to eat breakfast
 - Get proper nutrition
- Waking up when it's light out
 - Safer, more awake
- Easier with people that have 0 period

Cons

- Staying after school later, getting more tired
- End up doing HW at a later time
- With people involved in sports, would have to get out of later school periods early

- Could upset teachers, stress students with the amount of HW they're missing
- having to stay up later
- Interfering with their jobs that they have after school

Positive	Negative
<ul style="list-style-type: none"> ● The teenage brain has more time to start functioning more effectively ● More sleep ● Reduces home alone time for teens ● Reduces health related issues ● Extra time in the morning for homework if you need to finish any ● More time to have a healthy breakfast ● 	<ul style="list-style-type: none"> ● Transportation ● After School Activity (clubs and study hall) ● Sports ● Other students and programs (running start/sno-isle) ● Reduced time for public resources ● Teachers ● Stress for family ● Resistance of students ● Parent Work Schedules

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