

Youth Sports

For all Skyhawks Camps:

Maximum participant-to-coach ratio: 12:1
Bring: Appropriate clothing, water bottle, shin guards, running shoes, and sunscreen. Lunch, snack & water bottle (for programs over four hours); two snacks & water bottle (for programs four hours or less).
Participants Receive: T-Shirt, Sport Ball (MS, MH, Bask), merit award.
Camp Location: Evergreen Playfields & Terrace Park School

Skyhawks Basketball Camp Ages 6-12 Located @ TPS
This fun, skill-intensive program is designed for beginning to intermediate players. In addition to technical basketball skills, our basketball staff will focus on respect, teamwork, and responsibility.

27504 8/11-8/15 M-F 1 pm-4 pm R \$129 N \$140

Skyhawks Baseball Camp Ages 6-12 Located @ E-3
Learn the fundamentals of fielding, catching, throwing, hitting, and base running in a fun, positive environment. Athletes learn new baseball skills along with life lessons such as respect, teamwork and responsibility.

27503 7/7-7/11 M-F 9 am-3 pm R \$149 N \$162

Skyhawks Lacrosse Ages 7-14 Located @ E-3
Lacrosse combines the basic skills used in soccer, basketball, and hockey into one fast-paced, high-scoring game. Learn fundamentals of stick handling, cradling, passing, and shooting in a fun, non-checking environment. Lacrosse kit rentals available at www.skyhawks.com.

27507 7/14-7/18 M-F 9 am-12 pm R \$129 N \$140

Skyhawks Multi-Sport Ages 6-12 Located @ E-5
In this multi-sport camp we combine two to three sports into one fun-filled week. Athletes will learn the rules and essential skills of each sport along with vital life lessons such as respect and teamwork.

27510 7/21-7/25 M-F 9 am-3 pm R \$149 N \$162

Skyhawks Beginning Golf Ages 5-11 Located @ E-5
Learn the fundamentals of swinging, putting, and body positioning. Using the SNAG (Starting New At Golf) system, young players can make an effective transition onto the golf course. All equipment provided.

27505 7/21 - 7/25 M-F 9 am - 12 pm R \$129 N \$140

Skyhawks Minihawk

Ages 4-7
This baseball, basketball, and soccer program provides a positive first step into athletics. Through games and activities, campers explore balance, hand/eye coordination and skill development.

Evergreen Playfield #4
27508 7/7-7/11 M-F 9 am-12 pm R \$129 N \$140

Evergreen Playfield #3
27509 8/11-8/15 M-F 9 am-12 pm R \$129 N \$140

Skyhawks Flag Football Ages 6-12 Located at E-4
Boys & Girls learn skills on both sides of the football including the core components of passing, catching, and defense—all in a fun and positive environment.

27802 8/18-8/22 M-F 9 am-3 pm R \$149 N \$162

MLT HS Basketball Camp

Ages 7-15
Mountlake Terrace HS and City Joint camp for boys and girls! Learn the fundamentals from MLT High School coaches. Learn about conditioning & nutrition, hear from guest speakers, and have fun! Campers receive prizes and a t-shirt. Located at Mountlake Terrace High School Gym.

27450 6/23-6/25 M,T,W 9 am-12:30 pm R \$55 N \$60

The Shoreline School District is providing information about these activities as a service to our families and students. These activities are not sponsored by the School District and the District assumes no responsibility for the conduct or safety of the activities. In consideration for the privilege to distribute these materials, the School District shall be held harmless from any cause of action, claim or petition filed in any court or administrative tribunal arising out of the distribution of these materials, including all costs, attorney's fees and judgments or awards. The Edmonds School District does not sponsor or endorse the activity and/or information contained in this material. These activities are not sponsored nor endorsed by the Northshore School District or any of its schools. The district assumes no responsibility for the conduct during or the safety of the activities. Northshore School District shall be held harmless from any cause of action, claim, or petition filed in any court or administrative tribunal arising out of the distribution of these materials including attorney's fees and judgment or awards.

Youth Sports

Kidz Love Soccer

Ages 2-10
This acclaimed soccer program for both boys & girls lets kids have fun and learn important skills at the same time. Emphasizes sportsmanship, effort, learning and fun! Meets Thursdays.

Fee: R \$69 N \$76

SPRING 4/17-6/5
8 week session @ Ballinger Playfield
26626 Soccer 1 5-6 years 4:15-5:00 pm
26627 Soccer 2 7-10 years 5:00-5:45 pm
26625 Tot/Pre-Soccer 3:5-5 years 5:45-6:20 pm
26624 Mommy/Daddy & Me 2-3.5 years 6:30-7:00 pm

Fee: R \$79 N \$87

SUMMER 6/19-8/14
9 week session @ Forest Crest Playfields
27474 Tot/Pre Soccer 3:5-5 years 10:10-10:45 am
27475 Soccer 1 5-6 years 10:45-11:30 am
27477 Tot/Pre-Soccer 3:5-5 years 4:10-4:45 pm
27478 Soccer 1 5-6 years 4:45-5:30 pm
27479 Soccer 2 7-10 years 5:30-6:15 pm
27476 Mom/Dad & Me 2-3.5 years 6:25-6:55 pm

Kidz Love Soccer Half Day Camp

Ages 4.5 to 6
Learn and practice skills including: dribbling, passing, receiving, shooting and defense. The week's fun culminates in an age-appropriate "World Cup" tournament. Campers receive a soccer ball and jersey. Bring a full water bottle and a snack. SHIN GUARDS REQUIRED. Soccer shoes and sunscreen recommended @ Forest Crest Playfields.

Fee: R \$104 N \$114

27481 8/18-8/22 Level 1 4.5 to 6 years 9 am-12 pm

Tennis Lessons

Ages 13 & up
Come join us for a fun-filled hour of tennis. Learn the basics and brush up on your own talents. Balls provided. Six lessons. All Tennis classes/camps/rally held at Evergreen Playfields Tennis Courts.

Fee: R \$35 N \$40

Beginners: T/Th 6:30-7:30 pm Intermediate: T/Th 7:30-8:30 pm
27545 5/27-6/12 27546 5/27-6/12 6/17-7/3
27547 6/17-7/3 27548 7/8-7/24
27549 7/8-7/24 27550 7/12-7/25
27551 7/29-8/14 27552 7/29-8/14
27553 8/19-9/4 27554 8/19-9/4

Tennis Camps

Ages 7-13
Have fun while you learn the basics about tennis. Includes drills, games, sportsmanship, and a T-shirt. Lead instructor is Gigi Johnson. Maximum 8:1 ratio instructor/participant. Camp meets Mondays for rainouts.

Fee: R \$29 N \$32

Ages 7-9: T-F 9-10:30 am Ages 10-13: T-F 10:30 am-12 pm
27511 6/24-6/27 27521 6/24-6/27
27512 7/1-7/3 * 27522 7/1-7/3 *
27513 7/8-7/11 27523 7/8-7/11
27514 7/15-7/18 27524 7/15-7/18
27515 7/22-7/25 27525 7/22-7/25
27516 7/29-8/1 27526 7/29-8/1
27517 8/5-8/8 27527 8/5-8/8
27518 8/12-8/15 27528 8/12-8/15
27519 8/19-8/22 27529 8/19-8/22
27520 8/26-8/29 27530 8/26-8/29

* 3 day camp R \$21 N \$24

USA 123 Jr. Tennis Team

Ages 10-18
Learn new drills, strategy, and advanced strokes. Weekly matches on Fridays at various sites. Tournament last week of program. This is the largest youth tennis league in the North King/South Snohomish County region, with 9 teams! Prerequisite: one session of beginner lessons, or demonstrated ability.

27531 7/1-8/15 T-F 1-3 pm R \$90 N \$99

Summer 2014!

Photo Credit: Chris Goodwin

Registration begins March 10th

Mountlake Terrace Recreation & Parks

Preschool & School Age Day Camps Before & After Care Martial Arts
Swimming Lessons Youth Sports Camps Aqua Kids Day Camp Summer
Swim Team Junior Lifeguard Course Babysitter's Training Course Dance
Camps & Classes & much, much more!

Safety Courses

American Red Cross Lifeguarding Course

Learn to prevent and respond to aquatic emergencies in a swimming pool; victim recognition, surveillance, equipment-based rescues. Includes American Red Cross First Aid and CPR/AED for the Professional Rescuer. Pre-requisites: 15 years of age, must pass pre test consisting of a swimming 300 yards continuously using crawl stroke and breast stroke, swim 20 yards relieve 10 lb brick from deep water, and swim with it 20 yards back to start in 1 minute and 40 seconds. Certifications awarded upon successful completion of American Red Cross Lifeguard Training Exams. Class will have ½ hour break for dinner/snack each day, please bring something to eat or money to purchase food from our food service, if desired. *Class will end by 7:15pm on Friday.

26707 4/7-11 M-F 3:00-8:30pm R\$216 N\$228
27723 6/16-6/20 M-F 3:00-8:30pm R\$216 N\$228

Babysitter's Training

This American Red Cross course is designed for youth 11 and older. Topics include: responsibilities of babysitting; characteristics of children; games and activities; babysitter concerns. Participants successfully completing the American Red Cross Exams will be certified in Basic First Aid and Infant/Child CPR. Includes Participant Workbook & First Aid kit.

27719 8/4-7 M-Th 12:30-3:30PM R\$120 N\$130

Junior Lifeguarding

This American Red Cross Course is a fun, action-packed program for youth ages 11-14. Participants will learn about prevention of aquatic accidents, improve swimming stroke mechanics, endurance & strength, basic first aid and CPR skills, how to search and apply for a job and the importance of community service. All days include optional swim time during camp swim, please bring a suit, towel and snack each day. All days include swim time during camp swim from 1:40-2:40. This is not a certification class.

26710 4/7-11 M-F 11:00 am-1:30PM R\$68 N\$75
27721 8/18-22 M-F 11:00 am-1:30PM R\$68 N\$75



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[facebook.com/mltrrec](https://www.facebook.com/mltrrec)

Pre-Teen & Teen Dance Camps

New! Dancemakers Camp (Ages 8-13)

Ever wanted to express yourself through dance? We'll use improvisation and compositional techniques to learn how to choreograph our own pieces in a playful and supportive environment. The exercises used, give you the freedom to choose the movement but still be guided in a path to success. Please wear comfortable dance clothes and bare feet. Bring a water bottle and a journal.

27769 7/14-7/18 M-F 1:00-3:30 **\$593** **\$999**

Tap/Ballet/Jazz – Sampler Camp (Ages 9-12)

Each day will include fun and dramatic dances of each style. Tap is rhythmic fun, ballet is graceful, strong and formed, and jazz isolates body parts for dynamic accents. Bare feet, ballet slippers and/or jazz shoes are all acceptable. Tap shoes are required. Wear jazz pants or leggings, a solid colored t-shirt or leotard and long hair pulled into a ponytail.

28050 7/21-7/25* M-F 9:30-11:30 **\$375** **\$580**

Pre-Teen Hip Hop (Ages 9-12)

Work on Hip Hop skills while dancing to fun music and learning funky, rhythmic choreographies. This camp builds strength and coordination through basic dance techniques and Hip Hop street forms. Bring STUDIO ONLY SHOES to change into and pull long hair into a ponytail.

28047 7/7-7/11 M-F 1:00-3:00 **\$375** **\$580**

28048 7/28-8/1 M-F 9:30-11:30 **\$375** **\$580**

28049 8/11-8/15 M-F 1:00-3:00 **\$375** **\$580**

Teen Hip Hop (Ages 13-16)

In one week you can discover some of the secrets to great street dancing. Practice all the coolest moves including popping and locking and link them into routines that will impress your friends. Please change into our studio only dance shoes STUDIO ONLY SHOES before entering our dance studio.

28040 7/21-7/25* M-F 1:00-3:00 **\$375** **\$580**

28041 8/11-8/15 M-F 10:00-12:00 **\$375** **\$580**

New! Ballet Intensives (Ages 8-11 & 10-14)

Dancers will warm up with barre and center practice, work on petit and grand allegro as well as learn a full choreography. This week will offer time to tackle challenges that you specifically request at the beginning of the week such as turns or higher leg extensions. Come immerse yourself in what you love. Ballet!

Intermediate level III Ages 10-14

27771 7/14-7/18 M-F 9:30-12:30 **\$513** **\$120**

Beginning Level I-III Ages 8-11

27772 8/18-8/22 M-F 1:00-3:00 **\$375** **\$580**

New! Contemporary Intensive (Ages 10-14)

Contemporary dance uses graceful, dynamic and expressive moves that can range from ballet to popping and locking. You will practice dancing on the floor, traveling with speed and freedom through the room, leaping, turning stretching your body, and how to improvise. Come and challenge yourself to explore new ideas while doing what you love. Dancing!

27773 8/4-8/8 M-F 1:00-3:00 **\$375** **\$580**



Dance Camps Ages 3-9



My First Dance Camp (Ages 3-5)

Little movers get the chance to jump, wiggle & shake with other boys & girls. Dance games with scarves, musical instrument and other props, are prepared to entice dancers to express themselves imaginatively, while learning to following directions and take turns. Children are encouraged to make individual choices and to work as a group. Dancers should wear close fitting clothes, hair pulled off the face and bare feet.

28051 7/7-7/11 M-F 9:30-11:00 **\$357** **\$560**

28052 8/4-8/8 M-F 9:30-11:00 **\$357** **\$560**

28053 8/18-8/22 M-F 9:30-11:00 **\$357** **\$560**

Creative Dance Camps (Ages 4-6)

These camps are for boys & girls going into Pre-school, Kindergarten or 1st grade. Each week centers around a theme explored through creative movement exercises, storytelling and crafting. All of this culminates in a performance on the last day. Children should come in comfortable, close fitting clothes and bare feet.

All camps M-F 9:30-11:30 **\$375** **\$580**

28054 7/14-7/18 Happy Tappin' Feet – Tap/Ballet **\$375** **\$580**

28055 7/21-7/25* Mermaids & Pirates **\$375** **\$580**

28056 7/28-8/1 Flower Fairies & Frogs **\$375** **\$580**

28057 8/11-8/15 Dance Me A Story **\$375** **\$580**

28058 8/18-8/22 Angelina Ballerina **\$375** **\$580**



Dance Camps for 6-9 years

Creative Ballet Beauties (Ages 6-9)

This camp is for the budding ballerina and dancer. Creatively express yourself through the stories and dances prepared for you while working on your flexibility and strength each day. You will get to create your own dances, use your imagination and learn a set dance to show at the end of the week. It will be lots of fun and beautiful!

28062 7/28-8/1 M-F 9:30-11:30 **\$375** **\$580**

Groovin' w/Grace – Tap/Ballet/Jazz (Ages 6-9)

Each day will include fun and dramatic dances of each style. Tap is rhythmic fun, ballet is graceful, strong and formed, and jazz isolates body parts for dynamic accents. Bare feet, ballet slippers and/or jazz shoes are all acceptable. Tap shoes are required. Wear jazz pants or leggings, a solid colored t-shirt or leotard and long hair pulled into a ponytail.

28059 7/7-7/11 M-F 9:30-11:30 **\$375** **\$580**

28060 8/4-8/8 M-F 9:30-11:30 **\$375** **\$580**

Funky Jazz (Ages 6-9)

Jazz dance includes smooth and syncopated movement. Warm up, body isolations, and fun progressions across the floor will get you ready for the cool dance routines you'll learn. Then perform at the end of the week for your friends and families. Wear jazz pants or leggings, a solid colored t-shirt or leotard and long hair pulled into a ponytail.

28061 7/14-7/18 M-F 9:30-11:30 **\$375** **\$580**

28039 8/18-8/22 M-F 12:30-2:30 **\$375** **\$580**

Get Movin' – Hip Hop (Ages 6-9)

Work on Hip Hop skills while dancing to fun music and learning funky, rhythmic choreographies. This camp builds strength and coordination through basic dance techniques and Hip Hop street forms. Bring STUDIO ONLY SHOES to change into and pull long hair into a ponytail.

28063 7/21-7/25* M-F 9:30-11:30 **\$375** **\$580**

28064 8/11-8/15 M-F 9:30-11:30 **\$375** **\$580**

Aquatic Programs



Ages 4-7 years. This aquatic camp is packed with fun activities. Lots of water time in our Leisure Pool, camp songs, story time, crafts games, boating safely and outdoor play. Camp meets at Lake Ballinger on Fridays for canoeing & barbecue. No swimming ability required, but participants must enjoy the water. Bring a snack (no nuts please). One-time \$10 registration fee includes camp t-shirt. *2014 t-shirt will be the same as 2013 shirt. For more details about themes, please see Aqua Kids flyer. Camp meets Monday through Friday from 9 am to noon.*

6/23-27	27697	Space Camp	RS120	NS127
6/30-7/3	27698	Destination Vacation	RS96	NS102
7/7-11	27699	Animal Camp	RS120	NS127
7/14-18	27700	Super Sleuths Camp	RS120	NS127
7/21-25	27701	Rock Star Camp	RS120	NS127
7/28-8/1	27702	Beach Blast Camp	RS120	NS127
8/4-8	27703	Happy Trails Camp	RS120	NS127
8/11-15	27704	Pirates & Mermaids Camp	RS120	NS127
8/18-22	27705	Reading The Rainbow Camp	RS120	NS127
8/25-29	27706	Super Heroes Camp	RS120	NS127

Marlins Summer Swim Team

A recreational swim team for swimmers ages 6-18. We emphasize improvement of strokes, endurance and fun. Compete in dual meets each week with other local summer swim teams. Practices are held Monday-Thursday beginning June 23rd. Register for one of the practice times listed below. This will be your child's practice time for the summer.

Children who have not completed at least one session in our Advanced Swimming level will need a placement evaluation by an MLT coach. Placement evaluations are by appointment arranged in advance. Coaches are available to conduct these on the following days and times. Monday/Wednesday at 7:30pm or Tuesday/Thursday at 8:30pm or Saturday between 7:30-8:30 am or Sunday 8:30-11:55am. Call in advance to set up your appointment.

Elite Levels (coach placement required) Fee: \$5212 NRS234

27439 7:45-8:45 am 27447 3:15-4:15 pm 27449 7:30-8:30 pm

Age Group Levels Fee: \$5203 NRS212

27440 8:00-8:45 am 27444 4:15-5:00 pm 27442 9:30-10:15 am

27443 3:30-4:15 pm 27445 5:00-5:45 pm

27446 5:45-6:30 pm 27448 6:30-7:15 pm

Swimming Lessons

Our warm water, multi-depth pool is great for learning. Well-trained instructors create a fun and positive experience. Schedules are available at the Pavilion office or on our web site the week prior to each session.

Morning Weekday Classes

6/23-7/3 M-F 9 lessons*

7/7-18 M-F 10 lessons

7/21-8/1 M-F 10 lessons

8/4-15 M-F 10 lessons

8/18-29 M-F 10 lessons

Afternoon & Evening Twice-A-Week Classes

6/23-7/23 M/W 10 lessons

6/24-7/24 T,Th 10 lessons

7/28-8/27 M/W 10 lessons

7/29-8/28 T,Th 10 lessons

Weekend Classes

6/28-8/23* Sa 8 lessons

8/29-8/24* Su 8 lessons



Youth Day Camps

Camps are offered Monday through Friday at the Recreation Pavilion and are based on a new theme each week. **DEADLINE** for registering is 2 weeks prior to start date. Space is limited; register early. \$35 Individual/\$55 family registration fee includes camp T-shirt.

Before & After Camp Care

Price per week	M-F	6:30-9:00am	RS55 NS60
Before camp care	M-F	4:00-6:30pm	RS55 NS60
After camp care	M-F	10 hour daily max*	RS70 NS80

*Including time at camp.

Junior Kids Krew Camp / MLT Minors

Childcare Option

Ages 3-5 M-F, 6:30 am-6:30 pm. Activities include songs, games, arts & crafts, recreation swims and walking trips to local parks. Children must be able to dress themselves and have independent toileting skills in order to attend. Maximum 10 hours a day. Weekly themes and activities will create a fun summer camp atmosphere!

July 1-31 **RS800/NRS980**

August 1-29 **RS800/NRS980**

Options for fewer days or hours per day may be available. Call 425-776-9173 for details.

MLT Majors Camps

For children entering 1st & 2nd grade.

It's going to be a summer to remember! MLT Majors is a Traditional summer camp program with songs, games, arts & crafts, recreation swims and walking trips to local parks. Camp hours 9:00 am-4:00 pm. Weekly off-site and walking field trips are listed below.

27483	June 23-27	Walking trip to Evergreen Park	RS140	NS150
27494	June 30-July3	Walking trip to Terrace Creek Pk.	RS112	NS120
27495	July 7-11	Imagine Children's Museum	RS155	NS165
27496	July 14-18	Walking trip to Evergreen Park	RS140	NS150
27497	July 21-25	Pump it Up! & Logan Park	RS155	NS165
27498	July 28-Aug 1	Walking trip to Terrace Creek Pk.	RS140	NS150
27499	August 4-8	St. Edwards Park	RS155	NS165
27500	August 11-15	Walking trip to Evergreen Park	RS140	NS150
27501	August 18-22	Forest Park in Everett	RS155	NS165
27502*	August 25-29	Walking visit to Terrace Creek Pk.	RS140	NS150

*Only for kids registered for Kids Krew in the Fall

MLT All-Stars Camps

For children entering 3rd - 6th grade, or 12 years old.

Join us at the Pavilion this summer for exciting adventures as we go on field trips, make new friends, learn songs and games, create arts and crafts projects, swim, and visit local parks. Camp hours 9:00 am-4:00 pm. Weekly off-site field trips are listed below. Field trips are subject to change based on weather and availability.

27482	June 23-27	Geocaching at Greenlake	RS155	NS165
27483	June 30-July3	Pacific Science Ctr. & EMP	RS127	NS135
27484	July 7-11	Ride the Ducks	RS155	NS165
27485	July 14-18	Seattle Storm Kids Day Game	RS155	NS165
27486	July 21-25	Mariners Kids Day Game	RS155	NS165
27487	July 28-Aug 1	Henry Moses Aquatic Center	RS155	NS165
27488	August 4-8	St. Edwards State Park	RS155	NS165
27489	August 11-15	Jetty Island	RS155	NS165
27490	August 18-22	Henry Moses Aquatic Center	RS155	NS165
27491*	August 25-29	Forest Park in Everett	RS155	NS165

*Enrollment limited to Kids Krew families registered for the fall.

CIT: Counselor In Training Program!

Ages 16-18. Have a blast & gain valuable experience working with children and camp staff this summer. CIT's assist staff in leading games, playing sports, and arts and crafts for campers ages 3 to 12. This includes walking trips to local parks, field trips, swimming, and weekly theme based activities. CIT's need to have a creative upbeat personality and be ready to have fun! Apply at the Recreation Pavilion, deadline is June 9th. Must be 16 by June 23rd, 2014. Call Lori Lang for details 425-776-9173. Registration is by the month, 27471. RS45 00 NR550 00