

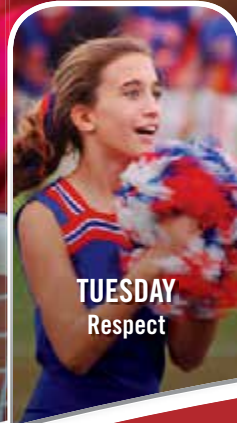


# Skyhawks Sports Academy

**EDMONDS SCHOOL DISTRICT**  
SUMMER 2015 SKILL-BASED YOUTH SPORT PROGRAMS




**MONDAY**  
Sportsmanship



**TUESDAY**  
Respect



**WEDNESDAY**  
Leadership



**THURSDAY**  
Responsibility



**FRIDAY**  
Game Day!

**SPACE IS LIMITED!**  
**REGISTER TODAY**

[www.skyhawks.com](http://www.skyhawks.com)

800.804.3509



## Edmonds School District

City of Edmonds, Lynnwood Parks & Recreation, Mountlake Terrace Park & Recreation

City of Edmonds  
[www.reczone.org](http://www.reczone.org)  
425.771.0230

Lynnwood Parks & Recreation  
[register.playlynnwood.com](http://register.playlynnwood.com)  
425.670.5732

Mountlake Terrace Park & Recreation  
[www.mltrec.com](http://www.mltrec.com)  
425.776.9173

**Disclaimer:** The Edmonds School District does not sponsor or endorse the activity and/or information contained in this material.

# Edmonds School District

City of Edmonds, Lynnwood Parks & Recreation, Mountlake Terrace Park & Recreation

(course) (dates) (days) (time) (ages) (res/non-res fee) (location)

## BASEBALL CAMP

30358	7/06 - 7/10	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$155/168.00*	Evergreen Playfield Complex Ball Field #3
19973	7/20 - 7/24	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$155	Civic Center Field
56389	8/03 - 8/07	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$155	Meadowdale Playfields M-5

Boys and girls learn the fundamentals of fielding, catching, throwing, hitting and base running in a fun, positive environment. Athletes learn new baseball skills along with vital life lessons such as respect, teamwork and responsibility.

\*Non-resident fee applicable to all customers not a resident of Mountlake Terrace

## BASKETBALL CAMP

56387	7/27 - 7/31	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$155	Cedar Valley Community School
56388	8/10 - 8/14	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$155	Cedar Valley Community School
30359	8/10 - 8/14	M-F	1:00 p.m. - 4:00 p.m.	6-12	\$135/144.00*	Terrace Park School
19984	8/24 - 8/28	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$155	Frances Anderson Center (gym)

This fun, skill-intensive program is designed for beginning to intermediate athletes. An active week of passing, shooting, dribbling and rebounding makes this one of our most popular programs. Boys and girls will also learn vital life lessons such as respect, teamwork and responsibility.

\*Non-resident fee applicable to all customers not a resident of Mountlake Terrace

## BEGINNING GOLF WITH SNAG® CAMP

30360	7/20 - 7/24	M-F	9:00 a.m. - 12:00 p.m.	5-8	\$135/144.00*	Evergreen Playfield Complex Ball Field #5
30477	7/20 - 7/24	M-F	1:00 p.m. - 4:00 p.m.	9-11	\$135/144.00*	Evergreen Playfield Complex Ball Field #5

Boys and girls will learn the fundamentals of swinging, putting and body positioning. Using the SNAG® (Starting New At Golf) system, we have simplified instruction so that young players can make an effective transition onto the golf course. All equipment provided.

\*Non-resident fee applicable to all customers not a resident of Mountlake Terrace

## CHEERLEADING CAMP

56385	7/13 - 7/17	M-F	9:00 a.m. - 12:00 p.m.	5-10	\$135	Meadowdale Playfields M-5
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Skyhawks Cheerleading teaches girls the essential skills to lead crowds and support the home team! Each cheerleader learns proper hand & body movements and jumping techniques. The week concludes with a choreographed performance.

\*Non-resident fee applicable to all customers not a resident of Mountlake Terrace

## FLAG FOOTBALL CAMP

19974	7/13 - 7/17	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$155	Frances Anderson Center (field)
30361	8/17 - 8/21	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$155/168.00*	Evergreen Playfield Complex Ball Field #4

Boys and girls learn skills on both sides of the football including the core components of passing, catching and defense - all in a fun and positive environment.

\*Non-resident fee applicable to all customers not a resident of Mountlake Terrace

## LACROSSE CAMP

30362	7/13 - 7/17	M-F	9:00 a.m. - 12:00 p.m.	7-12	\$135/144.00*	Evergreen Playfield Complex Ball Field #3
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Lacrosse combines basic skills used in soccer, basketball and hockey into one fast-paced game. Boys and girls will learn the fundamentals of stick handling, cradling, passing and shooting in a fun, non-checking environment.

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(course) (dates) (days) (time) (ages) (res/non-res fee) (location)

## MINI-HAWK® CAMP (BASEBALL, BASKETBALL & SOCCER)

19975	6/22 - 6/26	M-F	9:00 a.m. - 12:00 p.m.	4-7	\$135	Frances Anderson Center (field)
56386	6/29 - 7/02 †	M,T,W,Th	9:00 a.m. - 12:00 p.m.	4-7	\$109	Meadowdale Playfields M-4
30363	7/06 - 7/10	M-F	9:00 a.m. - 12:00 p.m.	4-7	\$135/144.00*	Evergreen Playfield Complex Ball Field #4
56377	7/20 - 7/24	M-F	9:00 a.m. - 12:00 p.m.	4-7	\$135	Meadowdale Playfields M-5
19979	8/17 - 8/21	M-F	9:00 a.m. - 12:00 p.m.	4-7	\$135	Frances Anderson Center (field)
56378	8/17 - 8/21	M-F	9:00 a.m. - 12:00 p.m.	4-7	\$135	Meadowdale Playfields M-4
30364	8/10 - 8/14	M-F	9:00 a.m. - 12:00 p.m.	4-7	\$135/144.00*	Evergreen Playfield Complex Ball Field #3

Skyhawks multi-sport programs are tailored to your child's age and skill level while teaching life lessons such as respect and teamwork. Mini-Hawk® programs give children age 4-7 years a fun and positive first step into athletics.

† 4 day program. No camp on Friday.

\*Non-resident fee applicable to all customers not a resident of Mountlake Terrace

## MULTI-SPORT CAMP (BASEBALL, FLAG FOOTBALL & SOCCER)

19972	6/22 - 6/26	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$155	Frances Anderson Center (field)
19980	8/17 - 8/21	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$155	Frances Anderson Center (field)
56386	7/20 - 7/24	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$155	Meadowdale Playfields M-5
30365	7/20 - 7/24	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$155/168.00*	Evergreen Playfield Complex Ball Field #4

Skyhawks multi-sport programs are tailored to your child's age and skill level while teaching life lessons such as respect and teamwork. Children age 6-12 years will learn the rules and essential skills of each sport.

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## SOCCER CAMP

56379	6/29 - 7/02 †	M,T,W,Th	9:00 a.m. - 3:00 p.m.	6-12	\$125	Meadowdale Playfields M-5
56380	7/13 - 7/17	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$155	Meadowdale Playfields M-4
56381	8/17 - 8/21	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$155	Meadowdale Playfields M-5

Skyhawks is the nation's #1 camp for learning the fundamentals of soccer. Using our progression curriculum, boys and girls will gain the technical skills & sport knowledge required for that next step into soccer.

†4 day program. No camp on Friday.

\*Non-resident fee applicable to all customers not a resident of Mountlake Terrace

## TENNIS CAMP

19982	7/13 - 7/17	M-F	9:00 a.m. - 12:00 p.m.	6-12	\$135	Edmonds-Woodway High School (tennis courts)
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In Skyhawks tennis programs, boys and girls learn proper grips, footwork, strokes, volleys and serves, as well as the rules and etiquette that make tennis an exciting game. Programs fill quickly due to limited court space.

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(course) (dates) (days) (time) (ages) (res/non-res fee) (location)

## TINY-HAWK™ CAMP (BASEBALL)

19977	7/21 - 7/23 †	T,W,Th	5:30 p.m. - 6:00 p.m.	3-4	\$49	Hickman Park
19978	7/21 - 7/23 †	T,W,Th	6:15 p.m. - 7:00 p.m.	4-5	\$49	Hickman Park

Boys and girls learn the fundamentals of fielding, catching, throwing, hitting and base running in a fun, positive environment. Athletes learn new baseball skills along with vital life lessons such as respect, teamwork and responsibility.

†3 day program. No camp Monday or Friday.

\*Non-resident fee applicable to all customers not a resident of Mountlake Terrace

## VOLLEYBALL CAMP

19976	7/06 - 7/10	M-F	9:00 a.m. - 12:00 p.m.	7-14	\$135	Frances Anderson Center (field)
19981	7/27 - 7/31	M-F	9:00 a.m. - 12:00 p.m.	7-14	\$135	Frances Anderson Center (field)
56391	8/03 - 8/07	M-F	9:00 a.m. - 12:00 p.m.	7-14	\$135	Cedar Valley Community School

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting and serving. This program is designed for the beginning and intermediate player. Our staff will assist boys and girls in developing fundamental skills through games-speed drills and daily scrimmages aimed at developing the whole player.

\*Non-resident fee applicable to all customers not a resident of Mountlake Terrace

“THIS WAS AN EXCELLENT EXPERIENCE FOR MY SON. THE COACHES WERE SERIOUS BUT FUN AND ENCOURAGING. I THINK IT HAS SET MY SON UP FOR THE LOVE OF A SPORT FOR A LIFETIME. THANK YOU!”

- JOYCE F.