



Jazz & Lyrical Dance

Funky Kids—Jazz/ Hip Hop (5-7 yrs)

This fun class is for kindergarten and first graders who want to get funky! Jazz technique and basic Hip Hop moves will be introduced through imaginative exercises that keep creativity at the forefront.

34216 **M 5:30-6:30pm** 9/12-1/23 R\$201 N\$216
 34240 **M 5:30-6:30pm** 9/12-6/12 R\$367 N\$399

Jazz (7-18 yrs)

class includes: warm up, body isolations, progressions across the floor, and fun and rhythmic combinations. Build strength and coordination, while dancing to a variety of music.

Jazz I/II (7-11 yrs) 1x per week

34213 **M 5:30-6:30pm** 9/12-1/23 R\$201 N\$216
 34237 **M 5:30-6:30pm** 9/12-6/12 R\$367 N\$399

Jazz V (13-18 yrs) 2xs per week

T 6:30-8:00pm & Th 6:00-7:30pm

34214 9/13-1/26 R\$516 N\$563
 34238 9/13-6/15 R\$1016 N\$1114

Lyrical (11+)

Lyrical is a popular free flowing dance form that uses a combination of ballet, contemporary and Jazz to express the words to the music.

34215 **M 6:30-7:30pm** 9/12-1/23 R\$201 N\$216
 34239 **M 6:30-7:30pm** 9/12-6/12 R\$367 N\$399

Hip Hop

This is an exhilarating and fun class to get you moving with the latest grooves. Enjoy a funky beat while learning to isolate your body in rhythmic ways. Classes include a lively warm up that prepares you to perform the routines, progressions and freestyle across the floor, and combinations set to age-appropriate music.

Students may be placed in a different level after evaluation in the first week of class.

Hip Hop I/II (8-12 yrs)

34610 **M 6:30-7:30pm** 9/12-1/23 R\$201 N\$216
 34241 **M 6:30-7:30pm** 9/12-6/12 R\$367 N\$399

Hip Hop III (11+ yrs)

34218 **Th 5:15-6:15pm** 9/15-1/26 R\$221 N\$238
 34242 **Th 5:15-6:15pm** 9/15-6/15 R\$406 N\$442

Teen Hip Hop (13-19 yrs)

34220 **Th 6:15-7:15pm** 9/15-1/26 R\$221 N\$238
 34244 **Th 6:15-7:15pm** 9/15-6/15 R\$406 N\$442



The Edmonds School District does not sponsor or endorse the activity and/or information contained in this material.

Dress Code

Creative Dance (3.5-5 yrs)

Boys: Close fitting sportswear and bare feet.

Girls: Any color leotard and footless tights or leggings, bare feet, hair in a ponytail secured off the face.

Creative Pre-Ballet (5-7 yrs) & Ballet I-V

Boys: Plain t-shirt, black leggings, black leather ballet shoes.

Girls: Black leotard, pink tights, and pink leather ballet shoes. Hair in a ponytail or bun. **Level I-VI bun required.**

Modern Dance

Boys & Girls: Plain t-shirt, black jazz pants or leggings and bare feet. Hair in a ponytail secured off the face.

Tap and Ballet (4-6 yrs & 5-7 yrs)

Boys: Plain t-shirt, black leggings, black leather ballet shoes and black tap shoes.

Girls: Black leotard, pink tights, and pink leather ballet shoes and black tap shoes. Hair in a ponytail or bun.

Tap

Boys & Girls: Plain t-shirt, black jazz pants and black tap shoes. Hair in a ponytail, secured off the face.

Jazz, Lyrical & Funky Kids

Boys & Girls: Plain t-shirt, black jazz pants, and black jazz shoes. Hair in a ponytail secured off the face.

Hip Hop

Boys & Girls: Dance sportswear and clean-soled dance sneakers. **NO JEANS or SHOES WORN OUTSIDE.** Hair in a ponytail secured off the face.

Irish Step Dance

Dance sportswear and black ghillies or ballet slippers. Hair in a ponytail, secured off the face.

We do not allow shoes that have been worn outside into our dance studios. Please take off your shoes & go barefoot or change into your appropriate dance studio shoes before going into class.

MLT Dance Academy Fall 2016



Our excellent instructors provide a structured approach to dance, with an emphasis on technique, healthy alignment, creativity, and building self esteem.

For student placement call
 Dance Program Director
 Chloe E Davenport
 Tel: 425-640-3107



Mountlake Terrace Recreation Pavilion

5303 228th Street SW
 Mountlake Terrace 98043
 www.mltrec.com 425-776-9173

Dance Academy Dates

First Semester: Sept. 12th - Jan. 28th

Costume Carnival October 29th

Winter Concert December 10th

Our program is based on a full year of curriculum. Children must be of age by September 15th 2016. Students may register by semester or for the full year. Semester 1 registrants have the opportunity to perform in our Winter Concert December 10th at the MLT HS Theater. Contact Chloe Davenport for more information.

(425) 640-3107

cdavenport@ci.mlt.wa.us

Creative Dance

Creative Dance (3.5-5 yrs) Boys & girls dance and play with scarves, instruments, and other props. Kids develop strength, coordination and flexibility, while experiencing the joy of dancing. Children will be encouraged to work as a team and individually.

34199 **M 4:30-5:15pm** 9/12-1/23 R\$183 N\$198
34223 **M 4:30-5:15pm** 9/12-6/12 R\$327 N\$359
34200 **Sat 9:15-10:00am** 9/17-1/28 R\$191 N\$207
34224 **Sat 9:15-10:00am** 9/17-6/17 R\$336 N\$369

Creative Pre-Ballet (5-7 yrs) Boys & girls learn basic ballet positions and preparatory steps in an enjoyable manner. Ballet terminology is incorporated into creative explorations. Musicality and classroom etiquette are emphasized in a friendly, encouraging environment.

34201 **W 4:30-5:30pm** 9/14-1/25 R\$230 N\$249
34225 **W 4:30-5:30pm** 9/14-6/14 R\$416 N\$453
34202 **Sat 10:00-11:00am** 9/17-1/28 R\$211 N\$227
34226 **Sat 10:00-11:00am** 9/14-6/17 R\$377 N\$410



Ballet

Ballet I -VI (6-19 yrs)

Build strength, flexibility and grace in a non-competitive, encouraging environment. Traditional classes focus on ballet vocabulary, correct alignment, and finding personal expression within the form. Barre-work, center exercises, and movement across the floor will be included in an appropriate way for each level.

Students may be placed in a different level after evaluation in the first week of classes.

Ballet I (6-9 yrs) 1x per week

34203 **W 5:30-6:30pm** 9/14-1/25 R\$230 N\$249
34227 **W 5:30-6:30pm** 9/14-6/14 R\$416 N\$453
34204 **Sat 11:00-12:00pm** 9/17-1/28 R\$211 N\$227
34228 **Sat 11:00-12:00pm** 9/17-6/17 R\$377 N\$410

Ballet I/II (8-12 yrs) 1x per week

34205 **W 6:30-7:45pm** 9/14-1/25 R\$274 N\$297
34229 **W 6:30-7:45pm** 9/14-6/14 R\$506 N\$552

Ballet II/III (9-13 yrs) 2x per week

T & Th 4:45-6:00pm
34206 9/13-1/26 R\$461 N\$502
34230 9/13-6/15 R\$901 N\$987

Ballet IV-VI (11-19 yrs) 3x per week

M 5:00-6:30pm, W 6:00-7:30pm, Th 4:30-6:00pm
34207 9/12-1/26 R\$689 N\$754
34231 9/12-6/15 R\$1372 N\$1508

Pre-Pointe/Pointe

(must take ballet twice a week minimum to be eligible)

34209 **W 7:40-8:30pm** 9/14-1/25 R\$205 N\$220
34233 **W 7:40-8:30pm** 9/14-6/14 R\$362 N\$393

Modern Dance

Do you want grace and beauty without all the restrictions that ballet requires? If so, Modern Dance is for you. In fact the originators of this dance form were rebelling against ballet and looking for new ways to move. Warm up includes stretching and coordination exercises that use the whole body. The class will include swings, turns, jumps and progressions across the floor. Modern dance also incorporates improvisation and composition into it's structure so you'll find lots of creative expression in this dance form.

Beg. Modern Dance I/II (8-12 yrs)

34610 **W 5:15-6:15pm** 9/14-1/25 R\$230 N\$249
34612 **W 5:15-6:15pm** 9/14-6/14 R\$416 N\$453

Beg. Teen Modern Dance (13-18 yrs)

34611 **W 6:15-7:15pm** 9/14-1/25 R\$230 N\$249
34613 **W 6:15-7:15pm** 9/14-6/14 R\$416 N\$453



Tap Dance

Tap & Ballet Boys & Girls are introduced to the preliminary steps of ballet and the fundamentals of rhythm through tap techniques. Creative games and fun songs are a great way to introduce the joy of dancing to the inquisitive beginner.

Ages 4-6

34210 **W 5:00-6:00pm** 9/14-1/25 R\$230 N\$249
34234 **W 5:00-6:00pm** 9/14-6/14 R\$416 N\$453

Ages 5-7

34211 **T 4:30-5:30pm** 9/13-1/24 R\$230 N\$249
34235 **T 4:30-5:30pm** 9/13-6/13 R\$416 N\$453

Tap I/II (7-12 yrs) Tap will make you smile!

Fundamental tap vocabulary, coordination, musicality and fun opportunities for self-expression through routines are what this class is about. For new and returning students.

34212 **T 5:30-6:30pm** 9/13-1/24 R\$230 N\$249
34236 **T 5:30-6:30pm** 9/13-6/13 N\$416 N\$453

Irish Step

Irish Step Dance Boys & girls will be instructed in the correct technique, carriage, steps and timing of Irish Step dancing while sharing the joy of dance and fostering a love for this beautiful art form.

Irish Step I/II (7-12 yrs)

34221 **T 4:30-5:30pm** 9/13-1/24 R\$230 N\$249
34245 **T 4:30-5:30pm** 9/13-6/13 R\$416 N\$453

Teen Irish Step (13-18 yrs)

34222 **T 5:30-6:30pm** 9/13-1/24 R\$230 N\$249
34246 **T 5:30-6:30pm** 9/13-6/13 R\$416 N\$453