



# 2016-17 After School Activities



## Winter Offerings November 28th-March 3rd

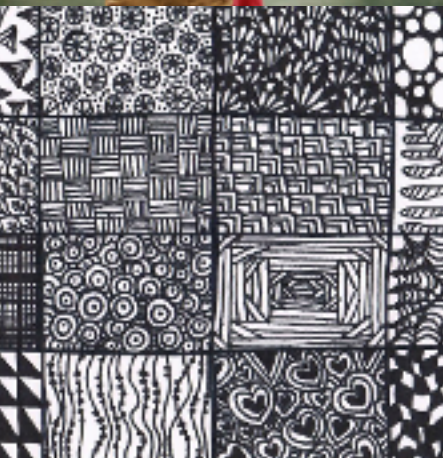
Soundview offers enriching after school activities (ASAs) to provide students with opportunities to explore new hobbies, participate in individual and team sports, play instruments, and learn valuable skills. All children are welcome! Winter ASAs run from November 28th to March 3rd unless otherwise noted. Registration is first come, first served. The registration deadline is November 18th. If you have any questions, please contact the ASA Coordinator, Molly Bisset at [mbisset@soundview.org](mailto:mbisset@soundview.org).

### Construction Club

*Early Childhood-1st grade, Mondays 3:45-4:45pm, Science Lab, \$140*

Mr. Bill's Construction Club offers students a fun, creative outlet to build self-confidence and motor skills while creating keepsake models and practical items to use and treasure for years to come! Students learn how to use tools safely, problem-solve, and build projects with their own two hands. In addition to the take-home masterpieces they will create, students will also contribute to a community service project.

No class on 12/19, 12/26, 1/2, 1/16, 2/20



### Zen Tangle

*3rd-6th grade, Mondays 4:00-5:00pm, Art Room, \$140*

Want to make beautiful non-objective drawings and designs? Can you draw C, S, - and O? Then you can do Zentangle Inspired Art! We will learn various "tangles" (patterns) and practice this drawing technique which is meditative and intentional. Zentangle is different from doodling; it is mindful and helps decrease stress and focus the mind. We will create artwork inspired by different tangles, using various media including very fine tip pens, pencil, and watercolor paint. Come to Zentangle Inspired Art and become mindful, relaxed, and focused while having fun creating art.

No class on 12/19, 12/26, 1/2, 1/16, 2/20

### Ultimate

*6th-8th grade, Mondays and Wednesdays 4:00-5:00pm, MS Field, \$300*

**Ultimate runs from February 6th through May 22nd.**

Ultimate is a self-officiated, co-ed game which focuses on sportsmanship, fair play, fun, and exercise! The Soundview Ultimate team will compete against other schools from the Seattle area with the DiscNW middle school league in an 8-to-12 game series on Saturdays. Beginning February 6th, we will meet twice a week to practice our skills and strategies in order to build a strong competitive team. Playoffs go through May 13th-20th. We hope to see you on the field!

No class on 2/20, 2/22, 4/3, and 4/5





## Jazz Ensemble

*5th-8th grade, Wednesdays 4:00-5:00pm, PAC, \$120/trimester*

Do you play the saxophone, clarinet, flute, trumpet, or trombone? If so, join Dr. Castro and the jazz ensemble to learn the fundamentals of jazz. The jazz ensemble will occasionally have opportunities to perform for the community at assemblies and concerts.

No class on 12/21, 12/28, 2/22, 4/5

## Born to Move

*2nd-6th grade, Wednesdays 4:00-4:50pm, \$85*

Born to Move is a Les Mills exercise program that combines music, movement, and games to get kids moving! A library of tracks in eight movement categories (move, dance, jump, games, punch, kick, yoga, and relaxation) build foundational movement skills, strength, agility, speed, and coordination in a team environment. Students will hear a wide selection of current music to appeal to the diverse nature of this age group as they learn basic moves from martial arts, dance, sports conditioning, plyometrics, and yoga. The instructor will model all of the techniques and cater them to the group of students in the class.

No class on 12/21, 12/28, 2/2

## Junior Ultimate

*3rd-5th grade, Thursdays 4:00-5:00pm, MS Field, \$230*

**Junior Ultimate runs from February 9th to May 25th.**

Discover the ultimate sport! The Soundview Junior Ultimate team will compete against other schools from the Seattle area in the DiscNW elementary school league on Saturdays between March and May. Our practices will begin February 9th to help us prepare our team, learn the rules of the game, and strengthen our skills through drills, games, and practice matches with our friends.

No class on 2/23, 3/30, and 4/6

## Chess

*Kindergarten-8th grade, Fridays 3:45-4:45pm, MPR, \$185*

Chess Wizards promises to be a fun time for students of all chess levels! The coach dresses up as a wizard and teaches chess moves through comedic sketches for the kids. Chess is a wonderful way to build strong executive function skills while learning a classic game of strategy. Students are invited to continue their chess education or start from the very beginning!

No class on 12/23, 12/30, and 2/24

## Beginning Strings

*1st-8th grade, Fridays 3:30-4:00pm, Music Room, \$75*

The Beginning Strings class provides the opportunity to learn the basic skills for playing the violin or the cello. Lessons will focus on the individual needs of each student for learning good sound production, note reading facility, and equipment care. Beginning Strings students have fun making music while learning from an encouraging and patient instructor.

No class on 12/23, 12/30, 2/24

## Orchestra

*2nd-8th grade, Friday 4:15-5:30pm, PAC, \$150/trimester*

The Soundview Community Youth Orchestra is the place to build skills and create musical art on violin, viola, cello, and double bass. Our rehearsals develop playing technique, teach ensemble music making, and challenge the students with practice in sight reading. Orchestra requires one year of experience with a violin or cello.

No class on 12/23, 12/30, 2/24



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