



# 2020 Edmonds Sister City Student Exchange

## APPLICATION AND PROGRAM INFORMATION



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### PLEASE RETURN ALL FORMS TO:

Edmonds Sister City Commission  
Office of the Mayor  
121 5<sup>th</sup> Ave. North  
Edmonds, WA 98020

**Application deadline is February 7, 2020.**

## REQUIREMENTS

1. Applicants must be students within the ages of 14 – 18.
2. Students must be in good standing in all of their classes.
3. Students and their family must be able to host a Hekinan student from August 5th – 17th.

## APPLICATION PROCESS

1. Fill out the application forms in blue or black ink (no pencil) and submit with a \$350 deposit which will go towards chaperone travel expenses. If you are accepted into the program, a copy of the **Application/Medical Information/Youth Agreement** form will be sent to your host family and City of Hekinan officials. Applications will be accepted on a **first-come first-served basis**. (*Priority is given to applicants who have not previously participated in the program.*)
2. Ask a current **teacher** and one other **non-related adult** to complete a **Recommendation Form**. The people recommending you should **mail their form directly to the Edmonds Sister City Commission**. Recommendations will be accepted after the initial registration forms are submitted and must be received to qualify for the trip. These references may be called for verification.
3. Write a letter of introduction to the Commission detailing why you would like to participate in the program and provide two (2) pictures of yourself and one (1) of your family. (*These pictures will be sent to your Hekinan host family with an introduction letter from you.*)
4. After the application deadline, *qualified applicants\** will participate in a short **personal interview** with the trip chaperones and 1-2 Sister City Commissioners. Candidates will be notified of their acceptance into the program after all candidates have been interviewed. Your deposit becomes non-refundable once you are notified of your acceptance. Upon acceptance, you should apply for a passport if you do not have one. *\*Qualified applicants are candidates who meet the requirements and have submitted complete application packets by the deadline date.*
4. Once 10 students are selected, a waiting list will be established.
5. To complete the summer Student Exchange Program experience, we expect students and their families to **host a Hekinan student** during the 13 day exchange stay in early August. After you are selected, a **Host Family Application and background check** must be completed. Weekday activities for the Japanese delegation are organized by the Sister City Commission. Host families provide breakfast, weekend outings, and most evening meals.



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### **PROGRAM BACKGROUND INFORMATION**

The Sister City Commission of the City of Edmonds invites students 14-18 years of age to participate in the annual Student Exchange to Hekinan. Ten students will travel to Hekinan for the last two weeks in July 2020. Student cost for the trip in past years has ranged between \$1,600 and \$2,200 and is dependent upon the cost of airfare. Students from Hekinan will be traveling to Edmonds for 13 days, arriving on August 5th. Hekinan has been our Sister City since 1988 and the exchange program has been a central component of that relationship. Several schools in Edmonds have established relationships with schools in Hekinan at both the elementary and secondary levels and many students have made lifelong friends.

Hekinan is about 30 miles south of Nagoya (home of the 2005 World's Fair) and is located on Mikawa Bay. The City has a population of approximately 80,000 and is a major port for the export of Toyota automobiles that are manufactured in the area. Hekinan is also noted as a fishing port and for the manufacture of ceramics and roof tiles that are an ever-present feature of the Japanese landscape. Nagoya is the third largest city in Japan and is ideally situated for the tourist to reach other major historic sites such as Nara and Kyoto. The Ise Shrine, one of the most sacred sites in all of Japan, is also nearby. Hekinan officials traditionally transport our students to one or more of these attractions each year. The City officials have enthusiastically embraced the Sister City program and have been a major contributor to the development of the Centennial Plaza and waterfront in downtown Edmonds.

The exchange program is based on homestays for both the Edmonds and Hekinan students. Since cultural understanding is so central to the Sister City program, this has proven to be the most valuable activity that we undertake. The students and their chaperones from past years have felt that this program is truly an exciting learning event and one that can enhance personal growth and perspectives in ways that are difficult to match in academic settings. For students of the Japanese language, it can be especially beneficial. For some students, it has helped shape their college and career planning.

It should also be noted that the students chosen to participate are representing the community and their country and therefore should act in a mature and responsible manner at all times. They will be treated like visiting dignitaries and shown many courtesies. The Japanese are known for their hospitality and the exchange students have been impressed with this aspect of their stay. Knowledge of some Japanese language is helpful, but not necessary. Most Japanese staff and host families have studied English and can carry on at least a basic conversation.



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### SAMPLE ITINERARY

DAY		TIME	DETAILS
Day 1 22-July (Tue)			(Arrival Day)
		20:55	Arrive at Centrair Airport <ul style="list-style-type: none"> <li>You can exchange money at the airport</li> <li>A city bus will pick the delegation up at the airport</li> </ul>
		23:00	Arrive at Hekinan City Hall <ul style="list-style-type: none"> <li>Picked up by host families</li> </ul>
Day 2 23-Jul (Wed)		8:45	Meet at Hekinan City Hall Leave City Hall for Hekinan City tour <ul style="list-style-type: none"> <li>Hekinan Seaside Aquarium</li> </ul>
		11:00	Rinsenji-Temple (DON'T WEAR SKIRTS)
		12:30	Lunch
		13:30	Hekinan High School (club activity trial)
		16:00	TATSUKICHI FUJII Museum of Contemporary Art
		17:30	Arrive At Hekinan City Hall
		18:30	Welcome Party!
		10:30	Finish and clean up room – home with host families
Day 3 24-Jul (Thur)		8:45	Meet at Hekinan City Hall
		9:00	Torn-paper picture experience Making chopsticks experience
		13:00	Lunch
		14:00	AOI-Park
		14:45	Mugaen (tea ceremony)
		17:00	Arrive at Hekinan City Hall, picked up by host families
Day 4 25-Jul (Fri)		8:30	Meet at Hekinan City hall Leave for the Museum Meiji-Mura ( <a href="http://www.meijimura.com/index.html">http://www.meijimura.com/index.html</a> ) **Lunch on own
		16:00	Board the bus and go back to City Hall
		17:30	Arrive at City Hall and picked up by host family
Day 5	26-Jul (Sat)	18:30	Preparation for Genkiss Hekinan **Lunch on own Genkiss Hekinan Festival Join Genkiss Hekinan Dance Finish, Picked up by host families
Day 6	27-July (Sun)		FREE DAY WITH HOST FAMILY
Day 7 28-July (Mon)		8:45	Meet at Hekinan City Hall
		10:30	Toyota Exhibition Hall
		12:00	Lunch
		14:00	Tofu (soy bean-curd) Factory Ishikawa ( <a href="http://www.otoufu.co.jp/english/">http://www.otoufu.co.jp/english/</a> )
		15:00	Roadside Station NISHIO OKANOYAMA
		15:45	AIYA/Green tea factory tour
		17:00	Arrive at Hekinan City Hall, picked up by host families
Day 8 29-July (Tue)		8:45	Meet at Hekinan City hall
		9:00	Fire Department Tour
		11:00	Soy Bean Factory Tour (Kakukyu Miso)( <a href="http://www.kakuq.jp/home/english.htm">http://www.kakuq.jp/home/english.htm</a> )
		12:00	Lunch
		13:00	Kazaki Castle and Ieyasu and Mikawa Bushi Museum
		15:45	Making Tatami mat Experience
		17:15	Arrive at Hekinan City hall, picked up by host families
Day 9 30-Jul (Wed)		8:00	Meet at Hekinan City Hall <ul style="list-style-type: none"> <li>Kyoto Day Trip (KIYOMIZU-DERA, KINKAKU-JI)</li> <li>Lunch</li> <li>Dinner</li> </ul>
		20:00	Arrive at Hekinan City Hall, picked up by host families
Day 10 31-Jul (Thu)		8:30	Meet at Hekinan City Hall
		8:45	Meet Mayor Negita at City Hall
		10:00	Leave City Hall
		11:00	Nagoya TOKUGAWA museum ( <a href="http://www.tokugawa-art-museum.jp/english/index.html">http://www.tokugawa-art-museum.jp/english/index.html</a> )
		12:10	Lunch
		13:00	Attend ESD meeting
		17:00	Arrive at Hekinan City hall, picked up by host families
Day 11	1-Aug (Fri)	18:30	Preparation for Farewell party at Hekinan Cultural Hall
		20:30	Farewell Party Finish and clean up, go home with host families
Day 12	2-Aug (Sat)		FREE DAY WITH HOST FAMILY
Day 13	3-Aug (Sun)		FREE DAY WITH HOST FAMILY
Day 14	4-Aug (Mon)		(Departure Day)

SAMPLE



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### BIOGRAPHICAL INFORMATION

Full Name (as written on passport) \_\_\_\_\_

Nickname \_\_\_\_\_ Birthdate \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Home # \_\_\_\_\_ Cell # \_\_\_\_\_ Parent # \_\_\_\_\_

Email \_\_\_\_\_ Parent Email \_\_\_\_\_

Gender \_\_\_\_\_ I am a student at \_\_\_\_\_

Activities I enjoy: \_\_\_\_\_

\_\_\_\_\_

Accomplishments I am proudest of: \_\_\_\_\_

\_\_\_\_\_

### Other members of my family:

Name	Age (if Child)	Relationship	Occupation
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Pets \_\_\_\_\_

### I am described as: (circle all that apply)

outgoing   relaxed   active   introverted   confident   reserved   easygoing   structured

### Emergency Phone Numbers:

Name	Relationship	Area Code and Number
_____	_____	_____
_____	_____	_____

Please describe previous travels outside the U.S. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



# 2020 Edmonds Sister City Student Exchange

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### MEDICAL INFORMATION

Student's Physician \_\_\_\_\_ Phone \_\_\_\_\_

Date of last Tetanus shot \_\_\_\_\_

**Please list below any regularly prescribed medications the student will self-carry:**

MEDICATION	DOSAGE	METHOD OF ADMINISTRATION	TIME OF DAY TO BE TAKEN

Diagnosis or reason for medication(s): \_\_\_\_\_

Possible side effects of medication(s): \_\_\_\_\_

Drug Allergies \_\_\_\_\_

Other Allergies \_\_\_\_\_

Other pertinent health information: \_\_\_\_\_

In the event that I am not readily available as the natural parent or legal guardian, I authorize and consent to all medical, surgical, diagnostic and hospital procedures as may be performed or prescribed by a physician for (student) \_\_\_\_\_, when such treatment is deemed immediately necessary or advisable by a physician to safeguard my child's health and it is not advisable to take the time to contact me in advance. I, \_\_\_\_\_ waive my right to informed consent for treatment.

\_\_\_\_\_  
Student Exchange Participant Date

\_\_\_\_\_  
Signature of parent/guardian Date

Cell # \_\_\_\_\_ Work# \_\_\_\_\_



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### **YOUTH EXCHANGE AGREEMENT**

It is the mission of the Edmonds Sister City Commission to promote international communication and understanding through exchange of people, ideas, and culture. With this in mind, Hekinan exchange participants agree to act as ambassadors of goodwill when they visit our sister city in Japan. Exchange participants agree to attend all organized group activities while in Hekinan or check with chaperones for special circumstances. Exchange participants agree to comply with a curfew while in Hekinan. Exchange participants agree to uphold the laws of both the United States and Japan during their exchange experience; this includes an agreement to refrain from drinking or smoking. Infractions of the law or flagrant breaches of conduct will be met with swift and appropriate action. After consultation with parents and Sister City officials from both Edmonds and Hekinan, chaperones have the authority to determine if a behavior is considered egregious, and to send students home immediately for such behavior at the expense of the student's parents.

Exchange participants agree to attend all orientation sessions, unless agreed upon by the chaperones. Exchange participants agree to follow the above stated behavior guidelines during the orientation sessions. Chaperones have the authority to remove participants from the program during the orientation period if: 1) the participant has been given a warning and has not made a good faith effort to comply 2) the chaperones consider the participant's behavior egregious or 3) the participant's behavior has the potential of jeopardizing the success of this delegation or the exchange program.

After returning from Hekinan, exchange participants may be asked to promote the Hekinan Youth Exchange Program by speaking to groups such as Japanese classes or public service organizations about their experience. These speaking engagements will be organized by the Edmonds Sister City Commission and would be voluntary.

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Student Exchange Participant

Date

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Signature of parent/guardian (*if student is under 18 yrs of age*)

Date



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### RECOMMENDATION FOR

**Student's Name** \_\_\_\_\_ **Date** \_\_\_\_\_

The student named above has applied to participate in a two-week exchange program to Edmonds' Sister City in Hekinan, Japan. Students who go on this trip stay with host families and participate in some civic events. Please write a brief statement describing this student with regard to his/her qualifications and character as they might apply in an international exchange situation.

**How long have you known this student and in what capacity?** \_\_\_\_\_

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**What would be your concerns placing this student in an unfamiliar situation?** \_\_\_\_\_

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**Signature** \_\_\_\_\_

**Printed Name** \_\_\_\_\_

**Telephone** \_\_\_\_\_

**Please return this form to:** City of Edmonds Sister City Commission  
Office of the Mayor  
121 5<sup>th</sup> Avenue North  
Edmonds, WA 98020



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### RECOMMENDATION FORM

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