

Rotary Club of Lynnwood **CHALLENGE RACE!**



Rotary Club of Lynnwood | P.O. Box 5856 | Lynnwood WA 98046-5856



For more than 20 years, Rotary Clubs in Washington have sponsored Challenge Race events each summer. This year, Lynnwood joins the fun, bringing together those who have a “Special Need for Speed” with their typically developing classmates in a fun racing challenge!

For the race, two children climb into the seat of a sleek soapbox derby-type car. With the slam of the starting gate, the car’s wheels begin to turn. As gravity kicks in, the two-seater dashes along to the finish line. A student with developmental disabilities (the Co-Driver) rides in the car with another student who has been trained as a Driver. Each Co-Driver will receive a free event t-shirt and participation medal, and can race the course twice if they want to! It’s designed so all the students can have a great time together.

This year’s race is open to 25 students with developmental disabilities from the Lynnwood area (please see age/weight/safety requirements below).

There is NO COST to enter, but registration is required!

Registration Deadline: May 25, 2016

When: Sunday, June 5, 2016, 8:30am check-in - see reverse for full schedule

Where: Lynnwood Transit Center, 20100 48th Ave W., Lynnwood

For Safety reasons, all Co-Driver participants:

- Must be age 5 and over, and under 130 lb in weight
- Must wear a safety helmet for the duration of their time in the car
- Must be able to ride safely in a moving vehicle with another student
- Must cooperate with verbal instructions
- Must be able to sit upright without special supports
- Must have parent/guardian or care provider on site at all times

Register Today!

Fill out the attached form and return it by mail in the envelope, or mail/drop it off at:

HomeStreet Bank, 22001 66th Avenue W. Mountlake Terrace

(See more details on reverse)



Presented through Special Arrangement with

Rotary Club of Lynnwood
CHALLENGE RACE
June 5, 2016

Event Schedule (Co-Drivers):

8:30 am Check-in, t-shirt and helmet fitting

9:00 am Race Heat #1

10:15 am Break

10:30 am Race Heat #2

12:00 pm Lunch and Awards

All Co-Drivers are invited to participate in both heats!

The Race Course – Safety Features:

Our course is located in the back half of the Lynnwood Park and Ride, which will be closed to traffic for the event. It features a gentle, less-than 7% grade which allows the cars to reach a speed of approximately 15-17 miles per hour. Cars are fitted with brakes and steering, and student Drivers in control of the vehicles are trained and certified to operate the cars safely. Straw bales are placed along the way as visual and physical barriers.

Registration Questions can be sent to Anne-Marie Lake at amlake01@gmail.com

See what a Challenge Race looks like by going to this link:

<https://www.youtube.com/watch?v=F4oFXX8s780>

Volunteers Needed – especially Student Drivers!

Rotary Club of Lynnwood will be providing many volunteers for the event, but others are needed to help make the event a success.

- Typically-developing students will be trained to operate the cars
 - Must be age 10+, between 4'10" and 5'2", and under 130 lb
- Adults and other student volunteers are needed for a variety of jobs.
- Community Service hours are available.

Please contact Debbie Bodal at dbodal@gmail.com for more information and to sign up!