



EDMONDS SCHOOL DISTRICT NO. 15
Human Resources Division

September 2007	IN-DISTRICT EAP SERVICES	IX-F
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Dear Edmonds School District Employee:

Again, this year Far West Family Services is pleased to provide your Employee Assistance Program.

We live in an anxiety-producing, stressful world. Many of us experience concerns that effect our lives and work performance. Experience has shown help is received through professional assistance.

- Members of the Office Personnel Custodial, Maintenance and Administrative Assistants employee groups receive a total of **SIX** counseling sessions for employee and/or family members.
- Members of all other employee groups receive a total of **EIGHT** counseling sessions for employee and/or family members.

These focused counseling sessions are *at no charge to you*. These in-person counseling sessions, for the employee only, are available between September 1 and August 31. Counseling sessions can focus on individual problems in:

- ◆ **FAMILY TROUBLES**
- ◆ **MARITAL/RELATIONSHIP STRUGGLES**
- ◆ **CHANGES/TRANSITIONS**
- ◆ **CAREER DEVELOPMENT**
- ◆ **PARENT/CHILD WORRIES**
- ◆ **EMOTIONAL RETIREMENT PREPARATION**
- ◆ **ALCOHOL AND DRUG MISUSE**

Call 1-800-398-3440 to schedule an appointment or to ask questions about our services. We will schedule your appointment within 24 to 48 hours or possibly the same day, or you may contact farwestfamilyservices.com.

Remember, contacts with Far West Family Services are private and free. Far West Family Services looks forward to serving you.

Bellevue Office
325 118th Ave SE
Belle-View Office Park, Suite 21
Bellevue, WA

Mill Creek Office
16300 Mill Creek Blvd
Imperial Garden Mall, Suite 113
Mill Creek, WA

Southcenter Office
6000 Southcenter Blvd.
Pacific Rim Building, Suite 30 & 16 (overflow office)
Tukwila, WA 98188